

SUMMER 2022

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# THE ASIAN PACIFIC WOMEN'S CONNECTION

THE OFFICIAL NEWSLETTER OF SECTION 5  
PSYCHOLOGY OF ASIAN PACIFIC AMERICAN WOMEN OF APA  
DIVISION 35: SOCIETY FOR THE PSYCHOLOGY OF WOMEN



A A P I F E M I N I S T S

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# Presidential Address

Dear Section V members,

Last year, when I wrote my first presidential address, I started by acknowledging how challenging 2021 had been given the COVID-19 pandemic and anti-Asian racism. Here we find ourselves in 2022 with some of the same sentiments and heartaches, as both of these challenges continue on and have become even worse. In addition, the recent U.S. Supreme Court decision that struck down *Roe v. Wade* is also fresh in our minds. This decision is certain to threaten and challenge the lives of all people who have a capacity for pregnancy, and not to mention the added toll on the already marginalized and disenfranchised.



**Grace S. Kim, Ph.D.**

In this context, I find myself coming back to the basic questions, which I posed last year. What does it mean for us to hold AAPI feminist values? What does living these values look like in our individual experiences, in the work we do, in our relationships with each other, and in our relationships with our families and community members? What actions do we pursue when we intentionally lean into AAPI feminist values? Where do we find strengths in these moments?

I have been asking these questions to myself and I'd like to pose them to you. While some potential answers were rather uncertain last year; I find myself with more clarity this year. For me, some of the answers come from reflecting on the determination, resilience, and strengths of our own AAPI feminist ancestors and community. While many have stereotyped AAPI people, and especially female-identified folks, and we live with the pain and consequences of discrimination and intersections of racism, sexism, classism, and other -isms, there is also a long history of resistance and community care. There are numerous models of people who were steadfast in their pursuit of justice, equity, and feminist ideals. What each person did and how they did it differs greatly. Yet, each person fought their own fight with authenticity and audacity.

In the past couple years, the Section V EC has been involved in this conversation in an attempt to live AAPI feminist values in our own individual and collective ways. We want to share with you some of our activities that highlight and honor AAPI feminists, and to help us strengthen our resolve to carry on our feminist values in our own way.

# Presidential Address



First, last year, we launched a “Be the Revolution” T-shirt fundraiser in honor of AAPI feminist leaders. Huge thanks are in order to Drs. Susana Lowe, who has written the majority of the descriptions and handled much of the logistics; Michi Fu; Ya-Shu Liang; and June Kim, who helped us brainstorm the logistics of the fundraiser. You can learn more about many of our fierce role models, and consider gifting yourself or others the T-shirts [here](#).

Second, as you will read more in this issue, the International Task Force hosted a two-part webinar presentation, entitled “Centering Global A/API Voices in Healing: Perspectives from Tibet, India, Hawai’i, and Mongolia.” My gratitude goes out to four healers who joined us from different parts of the globe—Bat Ulzii Namsrai, Dr. Nalini Rao, Tsering Wangmo Bhutia, and Dr. Yvonne Awana. Also, thank you to Drs. Jennifer Young and Shruti Mukkamala for spearheading this important conversation toward broadening our perspectives on healing.

Third, one way to support each other and reaffirm our shared feminist values is through gathering and getting to know each other. The mid-Atlantic section V members met recently to gather. Thank you to Dr. Amanda Waters for organizing this event. Please be on the look-out for announcements of other gatherings in different regions.

Finally, we have a number of excellent programming and opportunities to meet during the APA convention in Minneapolis this year. We know that this is a year that many people may not be able to attend in-person; in which case, we hope you can join us virtually! Also, please stay tuned for other opportunities to connect in the future.

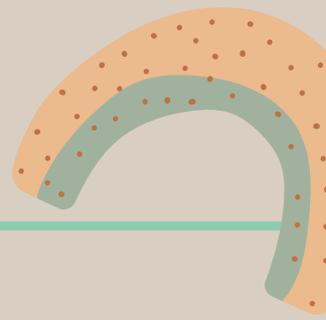
We know that one way to resist oppression and strengthen our individual and collective selves is through creating a caring community of people. We have much work to do to live out our feminist values as AAPI individuals and allies, and we need community more than ever. I invite you to reach out and join our discussions. Your presence and voice are welcome here.

Thank you,

Grace S. Kim, Ph.D.  
August 2022



# MEET YOUR EXECUTIVE COMMITTEE



**Grace S. Kim, Ph.D.**  
***President***

Dr. Grace S. Kim is a Clinical Associate Professor in the department of Counseling Psychology & Applied Human Development at Boston University. Dr. Kim was trained in clinical psychology, and researches Social Justice Education and Asian American Psychology. She explores how students understand the meanings of diversity, how to teach diversity and social justice effectively, how to train future professionals to be more culturally humble and responsive. She also focuses on resilience and the mental health of Asian Americans, centering their struggles for liberation, social agency, and solidarity with other marginalized groups.



**Susana Ming Lowe, Ph.D.**  
***President-Elect***

Dr. Lowe is a 2nd generation Chinese American, daughter of a Chinese immigrant father who made passage to the U.S. as a paper son and a Chinese immigrant mother born and raised in British Colonial Hong Kong. She was born in San Francisco, land of the Ramaytush of the Ohlone people. She currently works and resides on Oahu, land of the Kanaka Maoli. She practices psychotherapy with people of diverse racial, cultural, ethnic, gender, and affectional backgrounds and identities.



**Linh P. Luu, Ph.D.**  
***Past President***  
***Elections Committee***  
***Procedure & Policy Committee***

Dr. Linh P. Luu is a licensed psychologist and Director of Training at the University of Memphis Student Health and Counseling Services. Her scholarly interests include social justice advocacy and multicultural competency in clinical supervision and training, racial and gender issues, and issues related to Asian American experiences and mental health. Currently serving as a member of APA Board of Convention Affairs and as secretary of division 35, she is passionate about advancing intersectional feminist social justice agenda across her wide range of training, clinical, and professional services.



**Malin Kimoto, Psy.D.**  
***Secretary***

Dr. Malin Kimoto (she/her) is a clinical psychologist on the Adult Team at Kaiser Permanente Richmond. She has a passion for social justice, community engagement, and multicultural psychology. Her clinical interests include anxiety disorders, interpersonal and intergenerational trauma, identity development, life transition and adjustment issues, and intersectional identity concerns. She enjoys yoga, traveling, exploring new restaurants, and leisure bike rides.

## **Mengchun (Meng) Chiang, Ph.D.**

### ***Treasurer***



Dr. Mengchun "Meng" Chiang (she/her/hers) serves as the Treasurer for the Section. She is a licensed psychologist and the Program Director of the CaPS Doctoral Internship in Health Service Psychology at the Counseling and Psychological Services at Carnegie Mellon University. Originally from Taichung, Taiwan, Dr. Chiang first came to the U.S. as an international student. Her professional interests include trauma-informed and social justice oriented psychodynamic psychotherapy, and community organizing to address mental health disparity for BIPOC. Dr. Chiang enjoys working collaboratively to understand the manifestation and impacts of intersectional identities of students. She is passionate about training the next generation of clinicians. In her free time, she enjoys travelling, grocery shopping, loving-kindness meditation, and (playing and listening to) music.

## **Meng-Ju (MJ) Yang, Psy.D.**

### ***Membership Committee, Co-Chair***



Dr. MJ Yang was first trained in Taiwan and served as a licensed clinical psychologist, and a supervisor at National Taiwan University Hospital. She came to the U.S. as an international student and completed her Psy.D degree from John F. Kennedy University. She provides cultural and linguistic competent psychotherapy services in English and Mandarin in CA in her private practice. She also serves as a staff member at the mentoring program of the PsyD program at Wright Institute(Berkeley, CA) and supports internship application process, path to licensure, and international students' well-being.

## **Shruti Mukkamal, Ph.D.**

### ***International Task Force, Co-Chair***



Dr. Shruti Mukkamal is a senior staff psychologist at the University of California, Irvine. Her clinical interests focus on women of color in STEM fields, international and immigrant students, graduate students and Asian and Asian American students. Her research intersects with her clinical interests and is broadly focused on racial discrimination and its impact on mental health and lived experience.

## **Jennifer Young, Psy.D.**

### ***International Task Force, Co-Chair***



Dr. Jennifer Young (she/her/她) is a 1.5 generation, Taiwanese immigrant who was born in Taipei and migrated to California at the age of two. She earned her Psy.D. in Psychology with an emphasis in Marital and Family Therapy (N.K.A Couples and Family Therapy). Dr. Young is currently a Consulting Psychologist at the Headington Institute, a humanitarian aid organization, and she has been in private practice since 2011. Dr. Young previously served as a psychologist for the U.S. Peace Corps and continues to be passionate about international mental health and serving marginalized communities around the world. Her work is focused around trauma healing and she enjoys working with Third Culture Kids (TCKs), global nomads, and aid workers.





## **Ya-Shu Liang, Ph.D.**

### ***Program Committee, Co-Chair***

Dr. Ya-Shu Liang is an associate professor and the director of the Clinical Psychology PsyD Program at the California School of Professional Psychology at Alliant International University, Fresno. She is also a past president of Central California Asian Pacific Women and leads the San Joaquin Valley API Mental Health Project. She is passionate about regional organizing, and her scholarship interests include promoting equity, diversity, and inclusion, as well as addressing mental health disparities through the lens of gender and social justice.



## **Yuki Okubo, Ph.D.**

### ***Student Committee, Mentor***

Dr. Yuki Okubo is an Associate Professor of Psychology at Salisbury University. Her research focuses on racism and coping, experiences of the marginalized, mentoring of students of Color, social justice issues, and qualitative inquiries. Dr. Okubo's Racism & Coping Research Lab has been conducting qualitative inquiry on how people talk about race, racism, racial identity, and race relations, and it has developed and recently implemented an Antiracism 101: Starting a Race Dialogue, a peer-led, 2-hour workshop for undergraduate students via Zoom. She is a co-director of the Accelerated Mentoring Program for undergraduate students interested in social justice and antiracism topics in the SU Psychology Department.



## **Jackie Jimenez, Psy.D.**

### ***Student Committee, Mentor***

Dr. Jackie Jimenez is a clinical psychologist at Southwestern College and in private practice in San Diego. Her clinical interests include Asian American and Filipino mental health, military children and families, immigration-related issues and concerns, navigating cultural conflicts, and family and relationship issues.



## **Carisse Cronquist**

### ***Student Representative***

I'm a Singaporean-American PsyD Candidate at the University of San Francisco and recently moved across the country to begin my internship at the Charles George VA Medical Center in Asheville, North Carolina. I deeply value approaching my work from a decolonizing, intersectional feminist lens and am passionate about uplifting communities through building relationships and leveraging my own privilege. My clinical interests include health psychology, trauma-informed and social justice oriented therapy and research, mindfulness and compassion-focused therapy, and community building. I also find deep joy hiking, cooking with my loved ones, and getting distracted by my cats walking across my computer as I finish my dissertation!



**Phi Loan Le, Psy.D.**  
***Procedure & Policy Committee***  
***Past President***

Dr. Phi Loan is a licensed psychologist and the training coordinator of the APA-accredited doctoral internship program at Counseling and Psychological Services, California State University, Fullerton. Her interests include training and supervision, multicultural feminist psychology, and working with underserved population. She served as the founding president of Section 5.



**Diane Hayashino, Ph.D.**  
***Procedure & Policy Committee***  
***Past President***

Dr. Diane Hayashino is a licensed psychologist and the current training director of Counseling and Psychological Services at California State University, Long Beach. She has served as past president of Section 5.



**Yuying Tsong, Ph.D.**  
***Procedure & Policy Committee***  
***Past President***

Dr. Yuying Tsong is a faculty at California State University, Fullerton, Department of Human Services, and the Programming Coordinator for the 2017 National Multicultural Conference and Summit. She enjoys growing things that can be eaten in her backyard when she is not writing, teaching, or tiger parenting her two children. She has served as past president of Division 35 and Section 5.



**Khanh Dinh, Ph.D.**  
***Procedure & Policy Committee***  
***Past President***

Dr. Khanh Dinh is a Professor of Psychology at the University of Massachusetts Lowell. Her primary academic interests are in clinical, community, and feminist psychology, with research focusing on the adjustment and well-being of immigrant individuals/families, diversity, and effects of prejudice and discrimination. She is a recipient of an NIH Health Disparities Service Award and NIMH National Research Award. She has served as a consultant for NIMH and HRSA, and as an editorial board member of the Asian American Journal of Psychology and Women & Therapy.



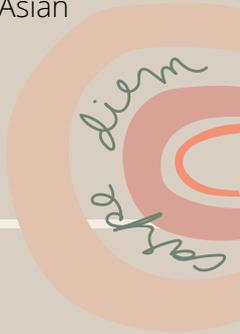
**Ivy Ho, Ph.D.**  
***Procedure & Policy Committee***  
***Past President***

Dr. Ivy Ho is an Associate Professor Psychology at the University of Massachusetts Lowell. She is a clinical health psychologist who conducts research on stress and health among women of color, particularly Asian American women. Her work is centered around how the intersection of race, gender and socioeconomic status are associated with healthcare utilization, health behaviors and health outcomes. She is the director of the UMass Lowell Center for Asian American Studies, and a 2014-2015 research fellow at the UMass Boston Institute for Asian American Studies.



**Adeleine Conanan, Psy.D.**  
***Social Media & Technology Co-Coordinator***

Dr. Adeleine Conanan (she/her/hers) is a clinical psychologist in private practice and a Professional Training Liason at Alliant International University in San Diego, California. Her interests include Filipino and Asian American mental health, intergenerational trauma, and identity development.



**Linda Ly, M.S.**  
***Social Media & Technology Co-Coordinator***

Linda Ly is currently a 4th year Ph.D. Counseling Psychology student at Tennessee State University and attended State University of New York, Albany for her M.S. degree in Mental Health Counseling. She enjoys hiking, reading novels, and playing with her feisty cat during her free time.



**Angela Kim, Ph.D.**  
***Awards Committee, Co-Chair***

Dr. Angela B. Kim is an Associate Professor in the Couple and Family Therapy Graduate Program at the California School of Professional Psychology (CSPP) at Alliant International University, San Diego. She is a 1.5 generation Korean American feminist psychologist who works toward researching, providing, and advocating for equal access to quality mental health services that provide culturally responsive care. Dr. Kim trains and mentors future culturally competent therapists and works with underserved communities to gain and provide access to academic, social, and mental health resources for the minority disadvantaged youth and their families. She tries her best in her work to call attention to and advance equality and social justice.



**Abigail Cruz, Ph.D.**  
***Awards Committee, Co-Chair***

Dr. Abigail Cruz is the Diversity, Equity, and Inclusion Initiatives Coordinator for Counseling and Psychological Services at CMU. Abigail earned her PhD in Counseling Psychology from Texas Tech University and completed her APA-accredited internship at Virginia Commonwealth University's University Counseling Services. During graduate school, Abigail's research focused on racial/ethnic identity development, bicultural stress, and experiences of microaggressions and discrimination among emerging adults. She continues to be passionate about incorporating social justice and multiculturalism into her work with CMU students.

**Amanda Waters, Ph.D.**  
**Early & Mid-Career Committee Chair**



Dr. Amanda Waters is a licensed clinical psychologist and the Associate Director, Clinical Services at the University of Maryland, Baltimore County's Counseling Center. Previously, she worked at the University of Connecticut as the Multicultural Specialist, later also directing the mental health outreach efforts on campus. She has personal and professional interests in serving marginalized and oppressed people and communities, developing cultural humility, and advocating for justice, hope and love. Currently, she serves as the Early- and Mid-Career Psychologist Committee Co-Chair for the American Psychological Association's Division 35 Section 5 (Psychology of Asian Pacific American Women), Membership Officer for the Asian American Psychological Association (AAPA), and is a member of the Education and Training Council of AAPA. Dr. Waters founded the Association for Counseling Center Diversity Coordinators and is a former editor of FOCUS, the newsletter for Division 45.

**Cory Reano, Ed.D.**  
**Newsletter Committee, Co-Chair**



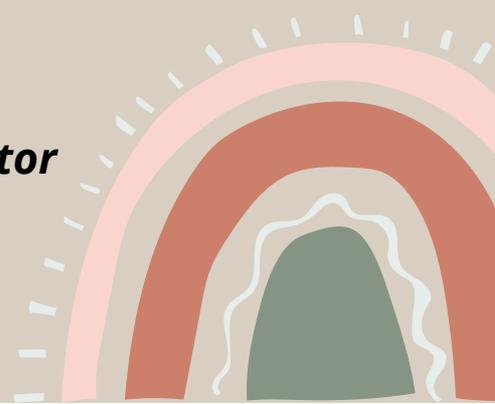
Dr. Cory Reano (she/her/hers) is a 1.5 generation, Filipina immigrant. She is the Director of Student Success and Engagement at USC School of Pharmacy in Los Angeles, CA. She completed her Doctor of Education (Ed.D.) degree from USC Rossier School of Education, her MA from Pace University, and BA from UCLA. Her dissertation examined the influence of sense of belonging, sense of validation, psychological well-being, and campus culture on the academic experiences of U.S. Filipino college students across different types of public and private post-secondary institutions in California. Dr. Reano is also a proud mommy and enjoys giving her little toddler lots of hugs and kisses.

**Yue Li, Ph.D.**  
**Newsletter Committee, Co-Chair**



Dr. Yue Li (she/her/她) obtained her Ph.D. in Counseling Psychology at Indiana University. She is an Assistant Professor in the Psychology Department at Roosevelt University. Her teaching and research interests evolve around the experience of oppression (e.g., sexism, racism, migration), decolonization and liberation psychology, and the process and outcome of psychotherapy. Dr. Li provides bilingual (English and Mandarin Chinese) psychotherapy to individuals, couples, and families at Center Focused Therapy in Chicago. She also provides consulting services on multicultural and social justice practices to organizations.

- **Ellen Yom, Student Representative**
- **Anne Saw, Early & Mid-Career Committee Chair**
- **Julie Huynh, Membership Committee Co-Chair**
- **Bao Her, Social Media & Technology Co-Coordinator**



# 2022 SECTION 5 AWARDEES



**ADELEINE CONANAN, PSYD**

JEAN LAU CHIN EARLY CAREER  
PROFESSIONAL AWARD FOR  
COMMUNITY PRACTICE

Dr. Adeleine Conanán (she/her/hers) is a licensed psychologist in California. She earned her doctorate in Clinical Psychology from the California School of Professional Psychology at Alliant International University, San Diego. She focused her dissertation on the experience of 1.5-generation Filipino immigrants in the U.S. and completed her internship at AACI (Asian Americans for Community Involvement) in San Jose, CA. Since receiving her license in April 2020, Dr. Conanán opened her private practice. She especially enjoys working with 1.5 and 2nd-generation Filipino and Asian American immigrants to explore their sense of identity and find meaningful roles in their communities. In 2021, she took on the position of professional training liaison at her alma mater. As a liaison, she incorporates her interest in serving ethnic- and gender-diverse populations by ensuring practicum sites provide an inclusive and supportive training environment and assist the growth of their students in being culturally sensitive and humble clinicians.



**YUKI OKUBO, PHD**  
**DISTINGUISHED**  
**MENTOR AWARD**

Dr. Yuki Okubo received her PhD from Teachers College, Columbia University. She is an Associate Professor at the Department of Psychology at Salisbury University. Dr. Okubo has embraced her professional identity as a counseling psychologist, a qualitative researcher, and a feminist scholar-activist. Her research interests are race dialogues, racism, coping, experiences of marginalized people, and mentoring of BIPOC students. As a qualitative researcher she uses interviews and focus groups to capture the stories of individuals and their experiences with systemic oppression. Prior to teaching at Salisbury University, she trained doctoral and master's psychology students to competently serve diverse clients. Since joining SU in 2015, her Racism & Coping research lab engages in qualitative research on race, racism, racial identity, and race relations. The research lab developed a student-facilitated anti-racism workshop for undergraduates. Dr. Okubo also co-developed the Accelerated Mentoring Program (AMP) which integrates a community-based participatory action research (CPAR) experience with intensive professional development. She received the Research Mentoring Award from the Fulton School of Liberal Arts at SU in 2020 and the SU President's Diversity Champion Award in 2021. She has served in various leadership roles in national organizations such as the Association for Women in Psychology and APA's Division 35 Section V Psychology of Asian Pacific American Women as the mentoring co-chair. She is currently on the editorial board for *The Counseling Psychologist* and the *Asian American Journal of Psychology*. She is committed to training and mentoring the next generation of mental health professionals and change agents.

# 2022 SECTION 5 AWARDEES



Mengchun (Meng) Chiang (she/her/hers) is a Taiwanese/Asian American feminist psychologist, currently serving as the Assistant Director of Training at the Counseling and Psychological Services (CaPS) at Carnegie Mellon University (Pittsburgh, PA). In her practice, Meng cares from a trauma-informed and social justice oriented psychodynamic lens. Meng lives in the community by organizing and offering consultation to address mental health disparity for BIPOC folx. Meng is passionate about training the next generation of clinicians and leaders. In her free time, Meng enjoys traveling, listening to podcasts, grocery-shopping, and loving-kindness meditation.

**MENGCHUN CHIANG, PHD**  
**DISTINGUISHED PIONEER AWARD**



Tanvi Shah (she/they) is a doctoral student in Counseling Psychology at Boston University's Wheelock College of Education and Human Development. Tenets of intersectionality, multicultural insight-oriented therapies, and the ecological model inform her work as a researcher and clinician. Tanvi's research focuses on mental health and trauma within marginalized communities, with a focus on Asian women and gender-based oppression; while her clinical work is grounded in cultural humility and advocacy within the therapeutic relationship. In her free time, Tanvi loves making time to knit, paint, read, and talk to people.

**TANVI SHAH**  
**STUDENT PIONEER AWARD**

*Congratulations*

# Past Program

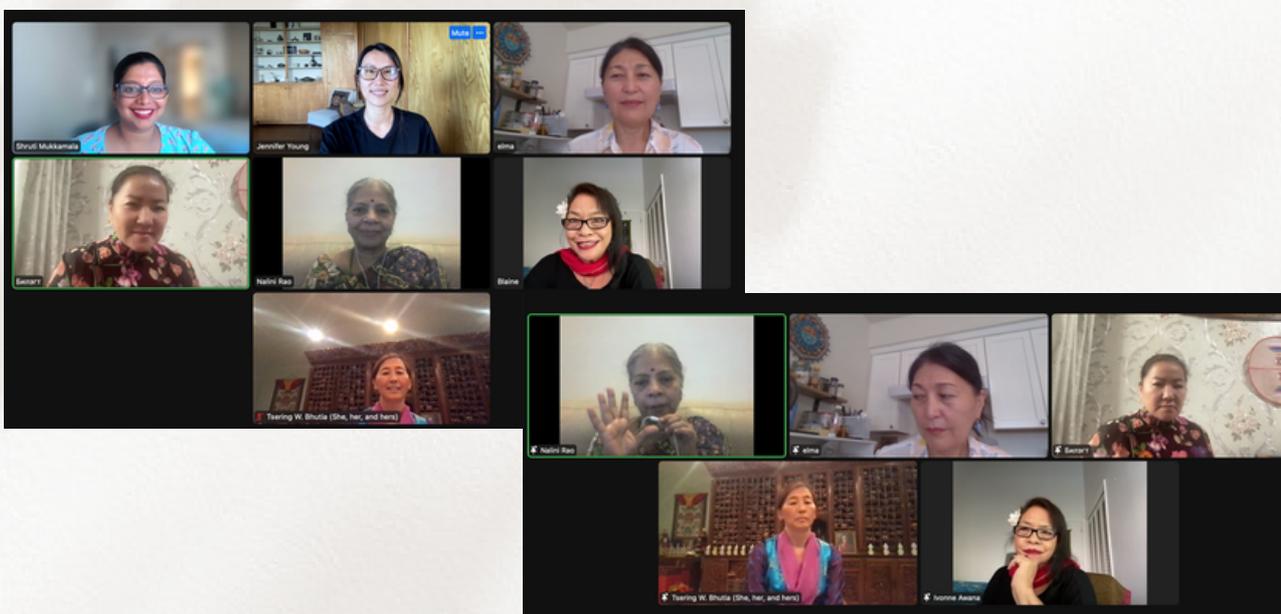


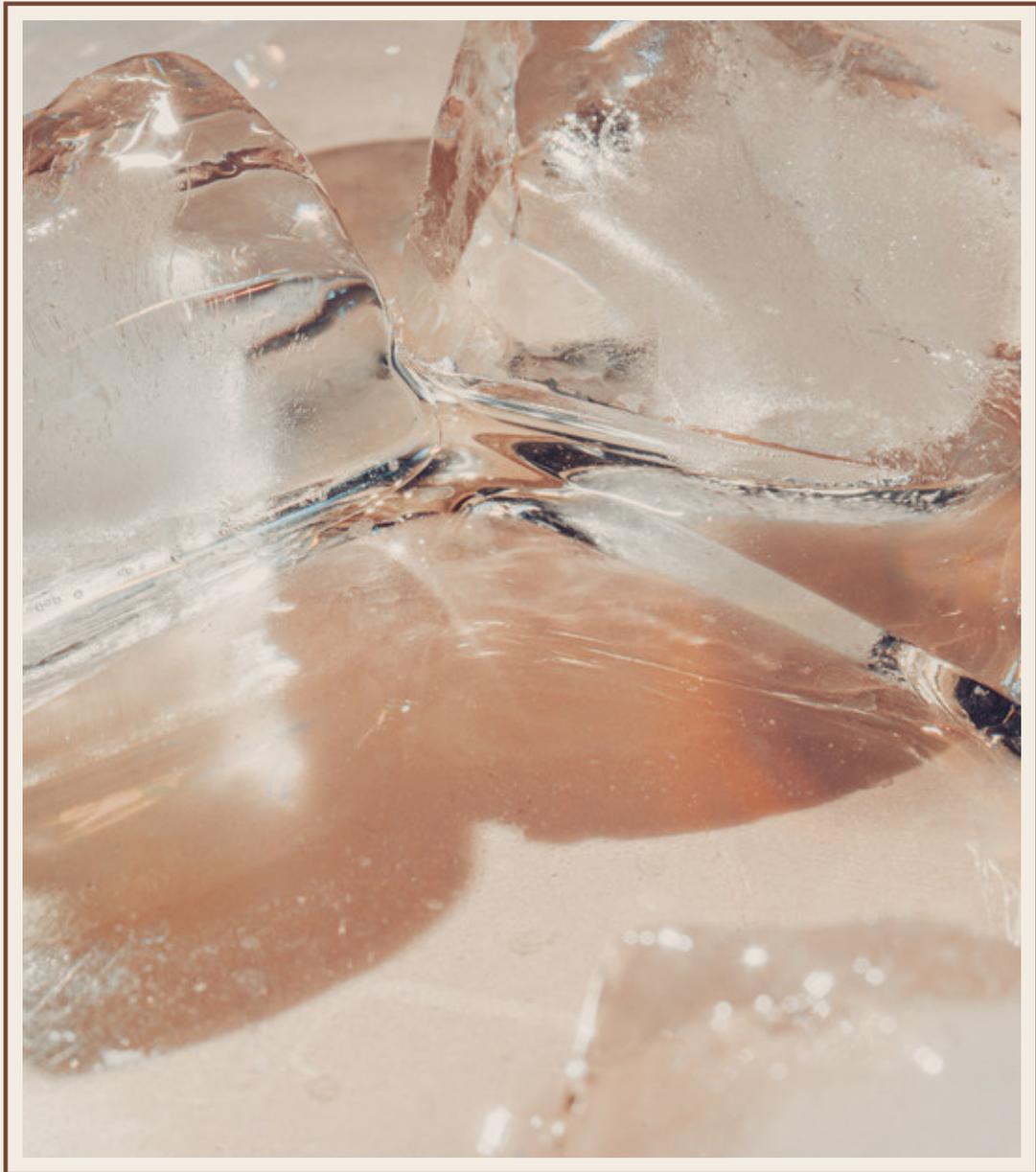
## Highlight



### INTERNATIONAL TASK FORCE

The Section 5 International Task Force hosted a free Continuing Education event this summer called "Centering Global Asian Pacific Islander voices in Healing: Perspectives from Hawai'i, India, Mongolia, and Tibet." The event focused on learning about methods of healing from ancient cultures from parts of the Asia-Pacific Region. Dr. Yvonne Awana is a Transpersonal therapist who joined us from Hawai'i. Dr. Awana spoke about the importance of love in healing and mental health. Dr. Nalinia Rao who served as a professor and Head of the Department of Social Work at Madras School of Social Work in Chennai India for over two decades also joined us. Dr. Rao spoke to us about AYUSH (Ayurveda, Yoga, Unani, Siddha, and Homeopathy) and its history and current uses to help with healing mental illnesses in India. We were also honored to have Shaman Bat Ulzii and her interpreter Elma Bataa from Mongolia who spoke to us about the importance of connecting with nature and using traditional healing methods to diagnose, balance, and cleanse aura and chakras. Lastly, we had Bon Tsering Wangmo who spoke to us about the Yungdrung Bön Spiritual tradition of Tibet, which is a indigenous spiritual tradition that dates back 18000 years. Their recorded presentations remain on Youtube for those interested (see: <https://www.youtube.com/watch?v=QrXFXeSRCo0>). The live virtual Q&A discussion took place on June 13th/14th and was a beautiful gathering of healers and mental health practitioners. We thank all the panelists, viewers and participants!





# APA PROGRAMING HIGHLIGHTS

MARK YOUR CALENDAR!

## ***Division 35 Activity Highlights***

### ***Division 35 Section V***

#### ***Psychology of Asian Pacific Women***

2022 American Psychological Association Convention

Friday, August 5, 2022

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#### ***Social Hour***

**8-10:50pm**

**Divisions 35, 45  
Hyatt Regency Minneapolis  
Fourth Floor, Great Lakes Ballroom C**

Saturday, August 6, 2022

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#### ***Presidential Address***

**3-3:50pm**

**Divisions 35  
Minneapolis Convention Center  
Level One, Auditorium Room 3**

**Presenter:** Carrie Castañeda-Sound, PhD, Pepperdine University

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#### ***Awards Ceremony***

**4-4:50pm**

**Division 35  
Minneapolis Convention Center  
Level One, Auditorium Room 3**

For the health and safety of everyone, participants at the 2022 APA convention will be required to wear masks in the Convention Center and indoor Convention-related event spaces. Masks may be removed at participants' own risk when speaking on stage or when eating and drinking.



## **Division 35 Section V Presentations at APA**

### **Division 35 Section V**

#### **Psychology of Asian Pacific Women**

2022 American Psychological Association Convention

Thursday, August 4, 2022

**10-10:50am**

**Critical Conversations: Toward Building a Beloved Community: An Asian/Asian American Research Team Example**

**Minneapolis Convention Center  
Level Two, Room 211A**

Chair: Grace S. Kim, PhD, Boston University  
Participants: Lauren Wong, BA, Leah Rosenzweig, BA, Tanya Songtachalert, MPH, Tanvi Shah, MA, Boston University

Friday, August 5, 2022

**3-3:50pm**

**Critical Conversations: Channeling AAPI Feminism Amidst the COVID-19 Pandemic and Anti-Asian Racism (Section V)**

**Minneapolis Convention Center  
Level One, Room 103F**

Cochairs: Ya-Shu Liang, PhD, Alliant International University, Fresno, & Angela B. Kim, PhD, Alliant International University, San Diego  
Participants: Jennifer Young, PsyD, Headington Institute, Pasadena, CA, Cory Reano, EdD, University of Southern California, Yuki Okubo, PhD, Salisbury University, & Grace S. Kim, PhD, Boston University

For the health and safety of everyone, participants at the 2022 APA convention will be required to wear masks in the Convention Center and indoor Convention-related event spaces. Masks may be removed at participants' own risk when speaking on stage or when eating and drinking.



**Calling All Asian & Pacific Islander American Feminists  
at the 2022 APA Convention, and in the Minneapolis/St. Paul area**

**Division 35 Section V**

**Psychology of Asian Pacific Women**

2022 American Psychological Association Convention

**Thursday, August 4, 2022, 3-5pm**

Division 35 Hospitality Suite  
Hilton Minneapolis, Room 2536

**3-4pm**

**Business Meeting, Awards  
Recognition, & Networking**

**We know connection is power.**

In this hour, we will introduce what Division 35 Section V does and celebrate this year's awardees. Through a couple of activities, we will spend the rest of this hour getting to know one another!

**4-5pm**

**Guided Discussions: API  
Feminist Collaborations**

**We say enough is enough.**



With so much going on (anti-Asian racism, threats to reproductive health rights, gun violence, etc.), how have our API communities been impacted? How can API feminist psychologists better collaborate with other educators, community organizers, healthcare providers, clinicians, policy makers, etc. to bring change?

Through guided discussions, we will take a deep dive into fostering collaborations across sectors and across the country. We will also highlight some prominent API feminists in our communities and their work at the national level.

**Open to members and non-members,  
psychologists and non-psychologists!!!**

For the health and safety of everyone, participants at the 2022 APA convention will be required to wear masks in the Convention Center and indoor Convention-related event spaces. Masks may be removed at participants' own risk when speaking on stage or when eating and drinking.



# Personal Updates

## DR. MENG-JU YANG

I am very excited to announce the launch of my private practice! I offer virtual psychotherapy in English and Mandarin for clients in CA. I specialize in helping preteens, teens, adults who are immigrants, children of immigrants, and Asian Americans on a range of multicultural issues, life transitions, relationship concerns, and women's issues.

Discover More →

Please find my professional profile at:  
<https://www.psychologytoday.com/us/therapists/meng-ju-mj-yang-san-jose-ca/953748>



Angela Kim came to visit hawaii with her family. We shared mangoes at Kailua beach!

## # FEMINISTSHAVINGFUN FROM SUSANA

Yuki Okubo and husband came to visit and we went to the Byodo-in Temple and got our omikujii (fortune cards).



# Personal Updates

## TRIBECALLEDFILXAMFEMS FIRST PUBLICATION

[First publication](#) for Drs. Jean-Arellia Tolentino, Jacqueline Jimenez, Adeleine Conanan, and Cory Reano. They met at the 2018 Inaugural Convention of AAPI Feminist Psychologists.



## MID ATLANTIC MEET UP

## CLASS OF 2020 COMMENCEMENT

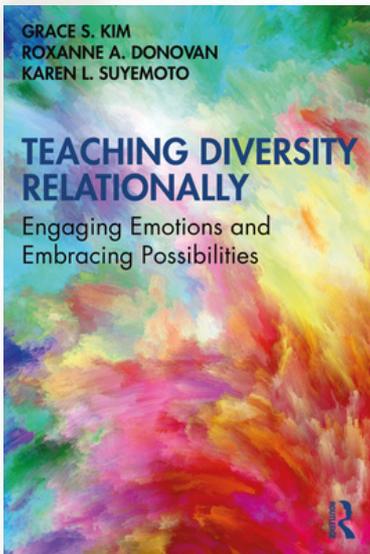
In May 2022, two years after completing her Ed.D. in December 2020, Cory Reano finally got to walk on stage for commencement to celebrate becoming Dr. Cory Reano. She also celebrated her son's first birthday on the same month.



# Personal Updates

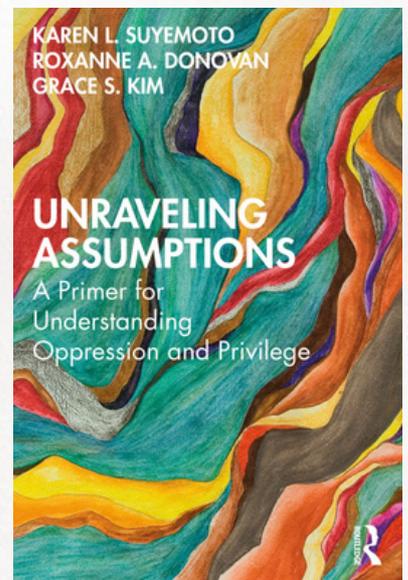
## TWO NEW BOOKS!

Two new books Drs. Karen Suyemoto, Roxanne Donovan, and Grace Kim published this summer.



Teaching Diversity Relationally: Engaging Emotions and Embracing Possibilities offers process-oriented guidance for negotiating the psychological and relational challenges inherent in teaching about race, privilege, and oppression. Grounded in the philosophy of Transformative Education and incorporating psychological theories, the authors present concrete strategies for effectively teaching diversity and social justice courses. They provide guidance on how to prepare for social justice education that fosters the growth of learners and educators by addressing intersecting levels of engagement—intrapsychic (within individual students and educators), relational (between students, between faculty and students), and group dynamic. See [www.routledge.com/9780367181192](http://www.routledge.com/9780367181192) for more information.

Unraveling Assumptions: A Primer for Understanding Oppression and Privilege offers fundamental understandings of concepts and frameworks related to diversity and social justice. Aimed at university and community audiences, it offers an introductory exploration of power, privilege, and oppression as foundations of systems of inequality and examines complexities within meanings and lived experiences of race, ethnicity, gender, sexuality, disability, and social class. By integrating social science research with concrete examples and personal reflection, this concise, introductory level text invites the reader to consider the costs of systemic hierarchies for all people and envision alternatives to participating in oppressive hierarchy. See [www.routledge.com/9780367181215](http://www.routledge.com/9780367181215) for more information.



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## Activists Biographies

### Brief bios of API women activists featured on T-shirts and membership gifts

#### Arundhati Roy

Arundhati Roy is an Indian author, actress, and political activist. Her mother successfully sued for the right of women to inherit an equal share of their fathers' estates. She's a Man Booker prize winner, and controversial author on subjects such as the caste system, the US war on terror, struggles for ecological and economic justice, and intersections between poverty, gender, and violence. In 2010 she was charged with sedition for her essay in support of Kashmir's independence from India. Known for composing essays that are searingly critical of power and abuse, Roy published a compendium aptly named, "My Seditious Heart." On the pandemic, Roy wrote, "We can choose to walk through it, dragging the carcasses of our prejudice or hatred... Or we can walk through it lightly, with little luggage, ready to imagine another world."

# Activists Biographies

## Haunani Kay Trask

Dr. Haunani Kay Trask was a scholar and activist who, along with her sister, Mililani Trask, created Ka Lahui Hawaii, an organization that promotes self-determination for Native Hawaiians. Dr. Trask was unwavering in her efforts educate and fight for Hawaiian sovereignty. Ka Lahui drew up a constitution for Hawaii to operate as a nation within a nation, much like Native American tribal nations, but it failed to pass in the state legislature. Dr. Trask founded the University of Hawaii's Kamakakuokalani Center for Hawaiian Studies, and is considered a creator of the field. She was a vocal leader in anti-colonial thought and action throughout her lifetime.

"Hawaiian at heart:

nothing said

about loss

violence, death

by hundreds of thousands."

from the poem, "Colonization," by Haunani Kay Trask

## Kamala Harris

Kamala Devi Harris is the first woman, first Black American, first South Asian American to serve as Vice President of the United States of America beginning 2022. She is also the highest-ranking woman in U.S. history. Vice President Harris is the daughter of Shyamala Gopalan and Donald Harris, two immigrants from India and Jamaica respectively, who met in their doctoral programs at UC Berkeley. Both were civil rights activists who involved their daughters at a young age in activism. Harris' maternal grandparents engaged in the fight for Indian independence, and her grandmother fought for women's rights in India. Her mother raised her and her sister to be proud Black women, noting that despite being biracial, they would always be seen as Black. Vice President Harris has a long history of public service, beginning in the 90's with her work prosecuting child sex assault cases in Alameda county, CA. In her role as San Francisco DA, she created a program for first-time drug offenders to earn a high school degree and find employment. As Attorney General of CA, she created the first Children's Justice bureau, and successfully won multi-billion dollar settlements for Californians whose homes were foreclosed on and for students and veterans who had been taken advantage of by for-profit universities. As a U.S. Senator, her bipartisan anti-lynching bill passed, and her legislation to preserve Historically Black Colleges and Universities became law. As Vice President, Kamala Harris continues to advocate for equity and justice for diverse communities in the United States.

"My mother would look at me and she'd say, 'Kamala, you may be the first to do many things, but make sure you are not the last.'"

## Mabel Ping-Hua Lee

Mabel Ping-Hua Lee, an immigrant from Guangzhou China, was a women's right's activist and young leader in the suffrage movement at a time when Chinese immigrants were not allowed to become American citizens, let alone vote. As a teen she rode on horseback to lead a suffrage parade in New York city attended by 10,000 people and was featured in the New York Times May 1912 for her activism. Even after the 19th amendment (allowing American women to vote) was ratified in 1920, many people of color were still prohibited from voting. Lee remained undeterred from continuing to fight for equal rights for women even though Chinese Americans would not have the right to vote until 1943 with the passage of the Magnuson Act, which granted Chinese the ability to naturalize as American citizens. Lee was the first Chinese woman to graduate with a PhD in economics from Columbia University in 1921. Lee continued her father's work in Christian ministry and opened a clinic with wrap-around services (before the term was coined) for Chinese empowerment, which included health services, kindergarten, vocational training, and English language lessons.

"For no nation can ever make real and lasting progress in civilization unless its women are following close to its men if not actually abreast with them."

## Activists Biographies

### Malala Yousafzai

Malala Yousafzai, education activist, is the youngest Nobel Peace Prize laureate. She was born in Mingora, Pakistan to parents who believed that girls should have every opportunity that boys have. When the Taliban took control of her hometown, they prohibited girls from attending school. Because Malala spoke out on behalf of girls' rights to education, she was targeted and shot in the face on her way home from school. After surviving a near-fatal wound, Malala and her father, a school teacher, established the Malala fund, a charity dedicated to providing opportunities for girls to gain an education. Today she continues her international work to meet girls facing social barriers to equality with men in terms of their rights to self-determination and education. Nearly a decade has passed since Malala was shot, and six surgeries later, she continues to need to address the damage that was done. As she recovered from a surgery to reduce lymphatic fluids in 2021, she wrote letters and made calls to help people fleeing the oppressive regime in Afghanistan. She wrote, "Nine years later, I am still recovering from just one bullet. The people of Afghanistan have taken millions of bullets over the last four decades...my heart breaks for those whose names we will forget or never even know, whose cries for help will go unanswered," "With more than 130 million girls out of school today, there is more work to be done. I hope you will join my fight for education and equality. Together, we can create a world where all girls can learn and lead."

### Mazie Hirono

Senator Mazie Hirono is the first Asian American and first woman Senator from Hawaii. She is also the nation's first Buddhist senator. When Hirono was 8 her mother fled Japan to Hawaii due to her father's alcoholism. Raised by a single working class mom, Hirono attended the University of Hawaii and later Georgetown University for her law degree. She served for many years in the Hawaii State House of Representatives and one term as Lieutenant Governor of Hawaii. As a Senator, Hirono co-authored the Covid-19 Hate Crimes Act, which was signed into law in 2021. This legislation came about during the intense surge in anti-Asian hate during the Covid-19 pandemic. The law will provide resources and outreach to help with hate-crime reporting and prosecution. Hirono has also advocated for family reunification for Filipino veterans of WWII, many of whom were unable to bring their families despite the fact that they fought on behalf of the United States (but were not citizens at the time due to the territorial status of the Philippines). Hirono was also a staunch defender of Dr. Christine Blasey Ford, who came forward to testify that then Supreme Court nominee Brett Kavanaugh had sexually assaulted her. Hirono has also been a strong voice against racist and misogynist political tactics, which were rampant during the 45th presidential term. She also called for the resignations of Senators Ted Cruz and Josh Hawley for their opposition to certifying the 2020 Presidential election electoral votes.

"The defense to slander is the truth, and sometimes the truth hurts."

### Terisa Siagatonu

Terisa Siagatonu is a poet, educator, and community leader. She grew up in the San Francisco Bay Area and is Samoan in ancestry. She is a co-founder of Root Slam, a community gathering to promote poetry "centering the voices of Black, indigenous, and people of color artists; queer, trans, gender non-conforming, femme, and women poets; working class/low-income, disabled, im/migrant and undocumented folks." She is a founding member of the Drawbridge Collective, a cross-cultural group of multiracial educators and poets who actively reject the artificial lines drawn between poetry on the page and poetry performed on stage. With Youth Speaks, Terisa works with talented young people across the nation as a poet mentor, coach, educator, and coordinator. As a marriage and family therapist, she works with activism/organizing as healing and gives workshops on intergenerational trauma. Terisa is part of a rising generation of artists/activists who utilize expressive arts and education as tools for healing and empowerment.

"I am still alive because whatever wants me dead does not know: that you cannot kill somebody who isn't afraid anymore." Check out this poetry slam: <https://youtu.be/ZpgZxyEmSy8>

## Activists Biographies

### Thenmozhi Soundararajan

Thenmozhi Soundararajan, aka the Dalit Diva on Twitter, is an activist and leader for caste equity. She is the director of Equality Labs, an organization that centers the voices of caste oppressed, queer, and religious minorities in evolving identities of the South Asian diaspora. It is a “power-building organization that uses community research, political base-building, culture-shifting art, and digital security to end the oppression of caste apartheid, Islamophobia, white supremacy, and religious intolerance” (Equalitylabs.org). She is also a singer and transmedia technologist. Upon graduating from UC Berkeley, she founded the international media training organization, Third World Majority, and taught in Europe, Africa, Latin America and South Asia. In 2003, she was named as one of the Top Ten Political Forces in Hip Hop by The Source and one of the Top Ten Political Forces in Hip Hop by the Utne Reader. Soundararajan articulates the critical need to examine technology practices that serve to perpetuate dangerous caste oppression as well as draws relevant comparisons to other intersectional forms of oppression. Her work at Equality Labs serves to help organizations address caste apartheid toward a more equitable future for all.

Take a listen to this interview with Thenmozhi Soundararajan by the Initiative for Digital Public Infrastructure at UMass; it's a master class on the intersections of caste inequity, race, immigration, technology, violence. <https://publicinfrastructure.org/podcast/54-thenmozhi-soundararajan/>

### Judy Chu (written by Michi Fu, PhD)

Judy Chu was elected to the U.S. House of Representatives in July 2009. She represents the 27th Congressional District, which includes Pasadena and the west San Gabriel Valley of southern California. Rep. Chu currently serves on the powerful House Ways and Means Committee, which has jurisdiction over legislation pertaining to taxes, revenues, Social Security, and Medicare. In that Committee, Rep. Chu is a member of the Subcommittees on Health and Human Resources, giving her oversight over healthcare reform and crucial safety net programs. She also serves on the House Small Business Committee, which has oversight of the Small Business Administration, and is a member of the Subcommittee on Economic Growth, Tax and Capital Access. Chu was first elected to the Board of Education for Garvey School District in 1985. From there, she was elected to the Monterey Park City Council, where she served as Mayor three times. She then was elected to the State Assembly and then California's elected tax board, known as the State Board of Equalization. In 2009, she became the first Chinese American woman elected to Congress in history.

“It's clear that common sense does not apply here. When things go well, Wall Street executives get rich. When their reckless behavior takes our economy awry, they still get rich. And who ends up footing the bill? The American people.”

### Helen Zia (written by Sherry Wang, PhD)

Journalist, writer, and activist Helen Zia shares insights from her extraordinary life and career in an interview with SCU Professor Sherry Wang, PhD of Counseling Psychology. Zia, the daughter of Chinese immigrants, grew up in Newark NJ and was a member of the first graduating class of women from Princeton. Her journey has included pursuing medical school, working as a construction worker, auto worker, and community organizer. She is the author of several acclaimed books and is known for her activism that ranges from human rights to countering hate violence and homophobia. She is renowned in the Asian American community for her leadership in the landmark civil rights case of anti-Asian violence in the 1982 hate killing of Vincent Chin.

“To be silent is a privilege.”

# Activists Biographies

Bios below written by Susana Ming Lowe, PhD

## Kala Bagai

Kala Bagai and her family immigrated from modern day Pakistan to San Francisco, CA in 1915. They endured racism whereby White neighbors literally locked them out of the home they purchased in Berkeley. Fearing for her children's lives, the family decided to return to San Francisco. In 1923, a landmark case *United States v. Bhagat Singh Thind*, the Supreme Court ruled no South Asians could be US citizens because, though they are Caucasian, they are not White. Kala Bagai's husband, whose US citizenship was then revoked, committed suicide in protest of the US government essentially rendering him an interned person. Kala Bagai subsequently became an immigrant, cultural, and women's rights activist. She was a community builder, promoting Indian culture in the US, and opened her home to many displaced refugees from India's partition in 1947.

"I grew up thinking leadership had to be loud and top-down. But Kala Bagai offer[ed] a different model, leading through acts of relation, care, resilience, and collective action." A. Chatterjee (2019)

## Queen Lili`uokalani

Queen Lili`uokalani was the last monarch to rule the Hawaiian Kingdom. She was a fierce leader who had the support of the majority of Hawaiians to maintain sovereignty against annexation to the United States. She presided over a nation that had universal suffrage (over a century before the US), universal healthcare, and 95% literacy. Though she was forcefully removed from office, she maintained the fight throughout her life to take back Hawaii for its people. She was also a prolific composer, and penned the song 'Aloha Oe' (farewell to thee), which has become a symbol of farewell to Hawai`I as a sovereign nation.

"I, Lili'uokalani of Hawai'i.... do hereby protest against the ratification of a certain treaty, which . . . has been signed at Washington . . . purporting to cede those Islands to the territory and dominion of the United States. I declare such a treaty to be an act of wrong toward the native and part-native people of Hawai'i, an invasion of the rights of the ruling chiefs, in violation of international rights both toward my people and toward friendly nations with whom they have made treaties, the perpetuation of the fraud whereby the constitutional government was overthrown, and, finally, an act of gross injustice to me." —

Excerpted from a Letter to President McKinley Protesting the Annexation of Hawai'i, 1897

## Jean Lau Chin

Dr. Chin was beloved by many (especially in the Society for the Psychology of Women) and internationally recognized as an authority on diversity leadership, cultural competence in psychological practice, women's issues and feminism. She was the first Asian American licensed as a psychologist in Massachusetts. She was a pioneer in bringing gender and race issues to the forefront in leadership development. She encouraged and mentored countless women of color to chose leadership roles, to cope with both racism and sexism, and become effective leaders in their field. She was a Fulbright Specialist at the Chinese University of Hong Kong, where she developed a women's studies degree at the university. Her last work published before her death was about the coronavirus—and the mistreatment of people of Asian descent it caused—in "Global & Culturally Diverse Leadership in the 21st Century: Crisis Leadership During the Coronavirus Pandemic and Xenophobia." Published in the International Leadership Association's ILA Interface

"So the common misperception that ethnic minority women are not advanced enough in their thinking about women's issues is actually not true... you can see evidence as early as 1929 of a strong women's movement in China that actually paralleled or exceeded some of the thinking that occurred in the US in the sixties."

## **Activists Biographies**

Bios below written by Susana Ming Lowe, PhD

### **Yuri Kochiyama**

In 1942 at the age of 21, Yuri Kochiyama was incarcerated at Camp Jerome in Arkansas under Executive order 9066. There she developed a new consciousness as a Japanese American. After WWII while living in low-income housing in Harlem, Kochiyama befriended Malcolm X and fought alongside him in the Black liberation movement. She spent her life joining others in solidarity for Puerto Rican independence, freeing US political prisoners like Mumia Abu-Jamal, and protesting imperialism in the Vietnam war. She was a tireless labor organizer and was a key figure in achieving US government accountability and compensation for Japanese American incarceration. Truly a believer in the intersectionality of systems of oppression, Kochiyama also organized against the racial profiling of Arabs, Muslims, and South Asians post- 9/11.

"Build bridges, not walls."

### **Asuncion Miteria Austria**

Dr. Austria was a trailblazing Filipino American psychologist, scholar, and leader. She achieved Fellow status in a number of Divisions at the American Psychological Association. She was a member of the Council of Representatives in the American Psychological Association, representing the Society for the Psychology of Women (Division 35). She was also Chair of the Diversity Committee for the Division of Clinical Psychology. At Cardinal Stritch University in Wisconsin, she developed the university's psychology graduate program, created most of the department's courses, and launched the student newsletter and honorary society. She also established and developed the first Institutional Review Board and served as its chair for many years. She co-authored the Handbook for Women Mentors: Transcending Barriers of Stereotype, Race, and Ethnicity.

"A network can pay lip service to the values of collaboration, but actually understanding and succeeding at collaboration takes more than lip service."

### **Grace Lee Boggs**

Grace Lee Boggs was a Chinese American activist in the Black power movement in Detroit and a leader in fighting for women's rights, safe housing, Asian American and labor rights. She was such an effective activist/ally to Black Americans that the FBI, in her file, assumed she was Afro-Chinese. She earned a PhD in philosophy and yet struggled to find work because employers would say they didn't hire "Orientals." Struggling to make ends meet in Chicago, living in rat infested housing, she began her life as an activist for safe living conditions. She and activist husband James Boggs together wrote Revolution And Evolution In The Twentieth Century; in 1998, she published an autobiography, Living For Change; and in 2011, she co-wrote The Next American Revolution: Sustainable Activism For The Twenty-First Century with Scott Kurashige.

"I don't know what the next American revolution is going to be like, but we might be able to imagine it if your imagination were rich enough."

## Activists Biographies

Bios below written by Susana Ming Lowe, PhD

### Patsy Takemoto Mink

Patsy Mink was born in Maui and became the first Asian American woman and first woman of color elected to Congress. In 1953, she was the first Japanese American to be admitted to the Hawaii Bar and the first woman to be licensed as an attorney in Hawaii. Mink was a champion of women's, children, and minority rights, most notably as the co-sponsor of the Title IX of the Education Amendments of 1972. She was also the first ever Asian American to run for President on a platform against US involvement in the Vietnam war. Mink co-founded the Congressional Asian Pacific American Caucus in 1994 and protested the confirmation of Judge Clarence Thomas after allegations of sexual harassment came forth. In 2014, she was awarded the Presidential Medal of Freedom by President Barack Obama.

"It is easy enough to vote right and be consistently with the majority . . . but it is more often more important to be ahead of the majority and this means being willing to cut the first furrow in the ground and stand alone for a while if necessary."



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