



The official newsletter of Section 5:  
Psychology of Asian Pacific American Women  
of APA Division 35: Society for the Psychology of Women



## What's Inside

- 1-2 Messages from the President and President-Elect
- 3-6 Meet the 2013 Executive Committee!
- 7 A Survival Guide to Internship Applications
- 8 How To Get the Most Out of Internship
- 9 Reflections & Tips From My Mentoring Process
- 10 Section Announcements

## The Presidential Address *by Yuying Tsong*

It has been a year of conversations. Tammy Duckworth was elected to Congress as the first Asian American woman elected to Congress in Illinois, and she was also the first woman with disability elected to Congress. Sheryl Sandberg and Melissa Mayer were both celebrated and criticized with great intensity. Dove used a forensic sketch artist to show how women view themselves in contrast to how others describe them in their most recent Real Beauty Sketches campaign. Poet Rachel Rostad gathered storms of praises and criticisms for her letter to JK Rowling from Cho Chang, a piece on the portrayal of Asian American women in pop culture. Just a few days ago, a young woman's email to her sorority sisters (and her tweets regarding a variety of topics, including comments on Asian Americans) was the top discussion topic on the Internet, not unlike the storm created a few years ago by the YouTube video of a young UCLA female student ranting against Asian American students. I was filled with hope reading "An Open Letter to Suzy Lee Weiss" by

**"Our stories may be different, but our aspirations for change are the same."**

YingYing Shang, a high school senior who discussed the issues of power, privilege, and minority experiences beautifully, while maintaining empathy and humor. Every day, I am on a little (sometimes big) emotional rollercoaster reacting to the microaggression incident du jour. Every week, I try to talk about these events with my students, who are primarily students of color, first generation college students, and many of them children of immigrants. We talk about our families' and our own gender role expectations, worldviews, and experiences with a variety of isms and microaggressions. These conversations and dialogues sometimes (or a lot of times) are difficult to have. But when we do, we engage each other and we help each other grow. I have relied on the women in Section 5 to engage in these conversations, both personally and professionally. I am almost giddy when I am getting ready to go to the Multicultural Summit/Mid-Winter SPW Meeting and APA, because I can't wait to continue the Facebook or

## Presidential Address (cont'd)



email conversations in person, and meet new friends who want to jump into the conversations with us.

My experiences as a child of feminist parents growing up in the 70s in Taiwan, a patriarchal culture, moving to the U.S. in the 90s as an

international student, and now a first generation immigrant with young children living in Southern California, may be very different from those who grow up in a different era, region, family environment, or someone who has a different personality temperament, even though we all check off the demographic box of an API woman. We may view things differently, have different values, and have different priorities as agents of change, but our conversations and dialogues keep us

engaged and move us forward. Our stories may be different, but our aspirations for change are the same.

This year at the APA convention, our section's symposium on Friday discusses the topic of seeking an authentic feminist Asian American identity, with discussions on navigating life during graduate schools, developing authentic relationships at work, and carving personal meanings within and outside of professional and family life. In the SPW/APW Hospitality Suite, we will explore the topic of "Creativity and Feminist Expression", continuing our theme of exploring our authentic selves and promoting self-care.

I look forward to seeing you at Honolulu, old friends and new friends. If you want to join the conversations right away, check us out at our Facebook Page, Psychology of Asian Pacific American Women – Division 35: Section 5, or email me ([ytsong@fullerton.edu](mailto:ytsong@fullerton.edu)) or any of our EC members. Our updated section listserv is underway and will be announced as soon as it becomes available.

## A Message From President-Elect: *Khanh T. Dinh*



As president-elect of Section 5 of APA Division 35, I am honored and humbled to follow in the footsteps of powerful, intelligent, passionate, compassionate, creative, and great-sense-of-humor AAPI women like Phi Loan Le, our founding president, Diane Hayashino, our past president, and Yuying Tsong, our current

president, and the many members of Section 5. I have been an active member of Section 5 since its inception in 2008 and have met many wonderful AAPI women during the past five years. I am looking forward to meeting new members of Section 5 at the Annual Asian American Psychological Association Convention and the Annual American Psychological Association Convention in Hawai'i this coming summer.

As I reflect on where I am at and who I am right now, I must say I have come a long way from the days of refugee life when I arrived in the United States with my family in the aftermath of the Vietnam War. That seems like another century, another universe, another life from where I am at right now as a Professor of

Psychology at the University of Massachusetts Lowell, but that history is essential to the person I have become and the ideals that are important in my life.

That history has opened my eyes to the many injustices in the United States and around the world. I had no choice in seeing because war can do that to any young person but nonetheless I appreciate this unintended consequence that has led to my life-long consciousness and fight against injustice. That history also has shaped the feminist in me and as I embark on my tenure as president-elect, I want to recognize and thank all the feminists who came before me and all the feminists walking beside me, who fought or are fighting tirelessly to create a world in which a refugee girl like me from a war-torn country like Vietnam can become a psychology professor. Positive change is slow but I am also aware that the only permanent thing in life is "change" and I have much hope that feminists here and around the world will continue to be the catalyst for real change because we simply refuse the denial of our humanity. I look forward to my continued service to Section 5 and to the broader community of feminists and other social justice activists. I look forward to more positive changes.

# Meet & Greet: 2013 Executive Committee

**A little bio**

**Favorite self-care activity**

**Why should someone join Section 5?**

**Yuying Tsong**  
President



I graduated with a degree in Counseling Psychology from University of Southern California and am currently a faculty at California State University, Fullerton, Human Services Department. My research/clinical interests are in Asian and Asian American psychological well-being, particularly in the areas of eating disordered behaviors and body image concerns, immigration and acculturative stress, and coping strategies related to sexism, racism, and heterosexism, etc.

Hanging out with friends over great meals and conversations just makes me happy and feel connected and rejuvenated. Having the rare chance to have the house to myself and not do any work or chores has also been a great way for me to unplug and re-energize.

Professionally, it has been amazing to be able to connect with other Asian American Pacific feminist psychologists across the country who have similar passions and views on issues related to sexism and racism, etc. Personally, it has been great for my soul to know there are other sisters who share similar values and are passionate about advocating for the API community. It has been a great source of support, as there are psychologists at different professional levels and are always willing to lend a hand or share wisdom.

**Khanh T. Dinh**  
President-Elect



I am a Professor of Psychology at the University of Massachusetts Lowell. I received my PhD in Clinical Psychology from the University of Washington. My primary area of research interests is in immigrant adaptation and adjustment, particularly focusing on family relationships and physical/mental health outcomes.

I exercise, eat good food, have fun with friends and family, read lots of books, am curious and open to new experiences and knowledge, do artwork, practice mindfulness and humility, and appreciate the little things in life.

Because Section 5 represents "home."

**Diane Hayashino**  
Past President



I am currently the Past President of Section 5, and have been involved in the section and division since 2008. I am the Training Director and a Staff Psychologist at CSU Long Beach, and I also teach as an adjunct faculty in the Advanced Studies in Education and Counseling department.

I enjoy being active and outdoors with my family and spending time with my friends. Laughter and eating are among our common activities! My favorite local places to go to distress are Disneyland, Palm Desert, and the beach.

Section 5 has been such a special place to receive and provide personal and professional support and development. I have grown so much through my relationships with other members, we always engage in stimulating discussions, collaborate on projects, support each other's ideas, and aren't afraid to laugh and cry with one another (sometimes simultaneously). It is unique to find such an accepting and inclusive professional organization, where one can truly feel "at home."

## The 2013 Executive Committee (cont'd)

**A little bio**

**Favorite self-care activity**

**Why should someone join Section 5?**

**Yuki Okubo**  
Secretary & Awards Chair



I am an assistant professor in PsyD Program at California School of Professional Psychology at Alliant International University San Francisco campus. My research interests include Asian-American mental health, cultural adjustment and coping with immigrants, notion of self as it relates to help-seeking behaviors, collaboration with medical professionals, and racism.

Read books for fun, watch movies, try out new restaurants, and take a walk.

Section members are absolutely amazing group of professionals I love spending time with. They have created a fantastic support network for me outside of my work.

**Ivy Ho**  
Membership Chair



I am a clinical health psychologist and an associate professor at the University of Massachusetts Lowell. My focus is on interpersonal stress and health among Asian American women.

I belly dance, do ceramics, and re-read Harry Potter books over and over.

Section 5 is an excellent way to develop a network of like-minded women who are energetic, geeky, funny, and caring.

**Phi Loan Le**  
Awards Chair



I am a CA licensed psychologist and a training director of the APPIC doctoral internship program at Santa Ana College's Psychological Services. My interests include women's issues, multicultural competency, supervision and training.

Spending time with family and friends, eating good food, traveling, reading, engaging in creative activities and learning something new every year, and being active in section 5.

Having opportunities to develop and build authentic, empowering connections with amazing women.

**Catherine Hsieh**  
Treasurer



I'm a postdoc at Loyola Marymount University Student Psychological Services. My research and clinical interests include coping strategies and resources with cultural transitions and interpersonal trauma. I also have a strong interest in clinical teaching, supervision, and training of multicultural issues in counseling.

After spending 5 years in the Midwest for graduate school, I'm fully enjoying the weather in Southern California. I started running during internship and I love running outdoors. I also enjoy going for a hike with friends.

I first became involved with Section as a graduate student. Over the past few years, Section 5 has become an important community within APA to help me grow as a psychologist. This is a great professional community for people looking for mentoring and leadership opportunities.

## The 2013 Executive Committee (cont'd)

### A little bio

### Favorite self-care activity

### Why should someone join Section 5?

**Bonny Chang**  
Newsletter Editor

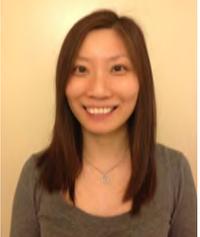


I am a fourth-year doctoral student in Counseling Psychology at Texas A&M University. I look forward to starting my pre-doctoral internship at UC Irvine Counseling Center starting in August. My research and clinical interests are in Asian American adolescent mental health, the intersection of religion and ethnicity, integrating spirituality and art in therapy, and existential-humanistic therapy.

I enjoy listening to music, eating good food, talking about Myers-Briggs, doing crafts, playing guitar, and swing dancing.

To meet like-minded individuals with similar experiences and interests in Asian American feminist psychology who look out for each other and genuinely want to encourage and support one another.

**Priscilla Lui**  
Student Representative & Program Chair



I am a doctoral candidate and the Clinic Coordinator in the Clinical Psychology program at Purdue University. I will be finishing up my 3rd year in the program and am currently preparing to propose my dissertation project and apply for internship. My overall research interests include the role of ethnicity and culture on people of color's psychological distress and subjective well-being.

I enjoy watching movies and TV shows at spare time (although not a lot of that during grad school!), as well as cooking and hanging out with friends. I love to travel as well!

This is a group that supports professional and personal well-being and the development of Asian American women at various professional levels and settings, through mentorship, friendship, and social activities. The group also fosters awareness and understanding, and inspires critical examinations of issues relevant to women and Asian Americans.

**Zhen Cheng**  
Student Representative



I am a second year clinical psychology doctoral student at University of Oregon working with Gordon Hall. My research/clinical interests include mental illness stigma, Asian American mental health, and racial and religious biases. I am interested in examining how people's attitudes and biases impact the mental health, health and academic trajectory of ethnic-nonmajority and religious groups.

For self care, I pray, exercise (e.g. swim, swing dance, etc.), take on creative tasks (i.e., paint or play the guitar), meet up with friends, and rest/sleep!

To foster community, support and advocacy among Asian American women in psychology. I think developing strong connections with other Asian American women is crucial in the career/personal development of Asian American women in psychology, so join us!

## The 2013 Executive Committee (cont'd)

**Vanessa Li**  
Membership Team



**A little bio**

I am a first year clinical psychology doctoral student at Adelphi University. My research/clinical interests include Chinese immigrant youth, mental health stigma interventions, diversity leadership and participatory action research methods.

**Favorite self-care activity**

I get my body moving by dancing or exercising.

**Why should someone join Section 5?**

Section 5 is where community, Asian female issues and sharing meet.

**Sherry Wang**  
Membership Team

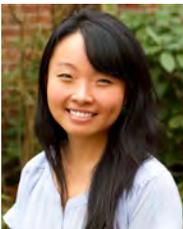


I am a predoctoral intern at the University of Illinois Chicago (UIC) Counseling Center. My research and clinical interests are focused on better understanding the needs of underserved and underrepresented populations to provide culturally-sensitive services. I draw from interpersonal, psychodynamic, multicultural, and feminist theories in my theoretical orientation.

I adopted a dog 2 years ago and I love going on long walks and runs with him. He is also a couch potato, so he provides great companionship when I want to lounge around at home. One of the best ways for me to de-compress is by experimenting with different recipes in the kitchen.

Section 5 has provided me with a sense of support, mentorship, and role modeling that integrates some of my salient identities (e.g., Asian American, woman, graduate student, early career, etc.)

**Jennifer Chain**  
Coordinator



I am a 3rd year Counseling Psychology doctoral student at the University of Oregon. I was born in Shandong, China and grew up in both my country of origin and Sacramento, California. I am interested in studying the culturally-based prevention interventions for ethnic minority and international students.

For self care, I like to go horseback riding and scuba diving.

Someone should get involved in Section 5 for the opportunity to build meaningful relationships with other graduate students and professionals from across the nation.

# A Survival Guide to Internship Applications

Compiled by: Bonny Chang

[Based on responses from previous and current interns and training directors of university counseling centers]

STAGE	DO	DON'T
SITE SELECTION	<ul style="list-style-type: none"> <li>• Consider how well each site matches your interests, training goals, and future career goals</li> <li>• For UCCs, consider size of student population, student demographics, and institution type to give you insight on clientele</li> <li>• Make an Excel spreadsheet to keep information about your sites together</li> </ul>	<ul style="list-style-type: none"> <li>• Don't select sites that "sound good" to others but may not be a good personal or professional fit for you</li> <li>• Don't wait until the last minute to start researching sites</li> </ul>
ESSAYS & COVER LETTERS	<ul style="list-style-type: none"> <li>• Be explicit about training goals and tailor cover letters to each site; highlight your strengths and interests accordingly</li> <li>• Think about developing an integrated theme that runs through all four essays</li> <li>• Get feedback from your advisors, mentors, and peers along the way</li> <li>• Ask your peers and older students to share their letters and essays</li> </ul>	<ul style="list-style-type: none"> <li>• Don't be generic in your cover letter. Don't minimize your accomplishments or worry that you might be bragging.</li> <li>• Don't wait until the last minute for your essay/letter to be "perfect" before you share it with others for feedback. People can offer invaluable feedback even during the drafting process.</li> </ul>
INTERVIEWS	<ul style="list-style-type: none"> <li>• Practice with peers, friends, mentors</li> <li>• Often, it's not about what you say but about the way you say them. Show them you are eager to learn!</li> <li>• Feel free to ask for a moment to think about your response before you start answering</li> <li>• When responding to questions, respond not only to the content, but also explain your thought process and rationale so that your interviewers can follow along</li> </ul>	<ul style="list-style-type: none"> <li>• Don't forget that you are also interviewing the internship selection committee. Ask them questions to find out if they can offer what you want for internship</li> <li>• Don't compare yourself to other people, whether that has to do with the number of interviews you got or about your competitiveness amongst other applicants</li> </ul>
RANKING	<ul style="list-style-type: none"> <li>• Rank according to your true preference, because, honestly, you can never tell how the interviews went</li> <li>• Consider where you want to live for a year and maybe after internship</li> </ul>	<ul style="list-style-type: none"> <li>• Don't rank based on what you think other people want you to rank (e.g., how you assume the site is ranking you, or how others think you should rank)</li> </ul>
SELF-CARE	<ul style="list-style-type: none"> <li>• Reach out to your peers who are going through the same process for support</li> <li>• Trust that you are doing the best you can. Much of this process is out of your control and that you can only do so much</li> </ul>	<ul style="list-style-type: none"> <li>• Don't forget to reward yourself for all you've accomplished. Every small step is an accomplishment!</li> <li>• Don't isolate yourself, reach out to your support system and peers/colleagues</li> </ul>

# Making the Most Out of Internship

An interview with recent psychology interns  
Sherry Wang & Catherine Hsieh

## + How did internship stretch you professionally?

S: Internship year was critical to my development as a professional. The first semester of internship felt like a period of adaptation, adjustment, and acute panic for the upcoming year. In the second semester, I found myself becoming more comfortable in my own skin. I began to embrace my identity as a professional rather than a student or trainee. I was blessed to be at a site that focuses on professional development beyond simply clinical training.

C: Professionally, the opportunity to fully engage in clinical work strengthened my knowledge of evidence-based interventions and pushed me to think more dynamically about my clients. I also enjoyed the opportunity to try on the "clinician hat" and to see what it would be like to be a full-time staff at a college counseling center.

## + How did internship stretch you personally?

S: Internship year was one of the most challenging years for me because of the multitude of changes happening simultaneously. I moved and had to start over in a new city and state. I no longer had the social support that I had in graduate school. I had to adjust to the new structures and boundaries of having a staff schedule rather than the flexibility of student life. I was also surprised by how difficult it was to work a 9-5 schedule. The transition to being an adult was especially new. I had been protected by "real life" because of my student status, and suddenly, I had to start thinking about joining the real world. What helped me in the process was knowing that internship year is simply one year. As such, I had to continuously remind myself to live in the present and embrace that it would be a year of transition.

C: The job search process pushed me to think about my identity as a psychologist and what kind of career path to pursue. To answer some of these questions, I had to think about my personal goals (i.e., where I want to live, being close to friends/family, etc.) and find ways to balance both my professional and personal goals. What helped me with this process was my support system both at internship and the connections I made throughout grad school. Some of the people who were instrumental in this process included mentors I met through Section 5.

## + What was rewarding about the transition from student to intern?

S: Being an intern meant being progressively treated as a professional, equal, and colleague. I have been encouraged by supervisors and staff members to assert my voice as well as my decisions so that I (and others) can begin to view myself as an expert and not as a student/trainee. Though this is a process that I am still navigating, it is also liberating and empowering to realize that I can contribute to the field and that I have knowledge, expertise, and skills to share with others!

C: Developing my identity as a professional and owning my voice as a psychologist.

## + Looking back on your internship experience, what do you wish you had done differently?

S: I wish that my expectations for internship had been more realistic. I was idealistic in envisioning internship year to be a "vacation year." Despite finishing my dissertation before going on internship, I still experienced it as stressful because of the many changes that were happening simultaneously. Looking back, I wish I had known what to anticipate. Looking forward, I would let others know that internship year is a challenging year because of the many decisions that you have to make. The decisions shape not only the upcoming year, but also your career because you are making choices as an early career professional and not just as a student.

C: Internship was a challenging and productive year and I wish I trusted myself more during the process. Thankfully, I had a great support system that trusted me before I learn to trust myself.

## Reflections and Tips From My Mentoring Process



Debra Kawahara, Ph.D.

2012 Section 5 Pioneer Award Recipient

*"Every warrior needs her training and a guide. How are we to know which block to use, which way to lean, when to refrain, and when to advance? In Chinese, we call that guide the sifu, a master, usually older, usually gray and wizened. The question is, how on earth do we find her?" (Eng, 1999, p. 233)*

The beneficial outcomes of mentoring have been clearly shown in the research. Yet, it has also been demonstrated that women of color, particularly Asian Pacific Islander American women, may not have the opportunities or be excluded from formal and informal networks that would assist them in their professional and personal development and growth. As a member of Division 35 Section 5, you are part of the legacy that Asian Pacific Islander American feminist pioneers and leaders have built and hope for future generations to benefit so you and others can propel yourselves to greater heights. Part of that legacy is to mentor and advocate for others, particularly our Asian Pacific Islander American sisters.

Individual values and principles are reflected in the ideals about mentoring and being mentored. As a third-generation, U.S.-born, Japanese-American female psychologist who was raised in Southern California, I found myself thinking of Asian, feminist, and multicultural values and beliefs that I hold and my own background and multiple identities that have influenced this process in me. The words that come to mind are relational, collaborative, empowering, and reciprocal first and foremost.

**Relational.** It is a relationship. It might start out as a professional relationship and evolve into a social and/or personal one as well. As in the beginning of any relationship, there needs to be some sort of connection. This can be professional interests, common experiences, and/or a social or interpersonal connection. The most meaningful mentoring relationships are bi-directional, meaning both the mentor and mentee are active participants in both giving and receiving. A giving and receiving mentoring relationship does not necessarily mean something concrete like a gift or skill building. The mere satisfaction from being a part of the mentee's development and growth over time can often be the gift received from mentoring.

**Multiple Mentors.** No one mentor is going to serve all of your needs. This is similar to not one person will be able to meet all of your physical, mental, emotional, and spiritual needs. It is best to look for strengths of different mentors as we all have multiple identities, strengths, abilities, needs, and perspectives. It also is respectful not to overburden one mentor with all of your career questions or situations. In addition, it may be helpful to look for mentors that are similar to you and also mentors who are different from you. I recommend mentors different from you in addition to those similar to you because they may be able to add or develop areas that you are less comfortable or versed.

**Initiative, Motivation, and Follow Through.** For a mentoring relationship to grow and thrive, initiative, motivation, and follow through on goals, tasks, and objectives in both the mentor and mentee will be needed. The mentor and mentee need to put forth the time and energy in the

mentoring relationship. Mentors may need to think about how to work with the mentee to develop the areas that would be good for their career advancement as well as obtaining information and suggesting opportunities for professional growth and development. The mentee will need to be proactive and show initiative in seeking out and following through on their own development and growth as well.

**Scaffolding.** This recommendation was given to me at the APA Leadership Institute for Women in Psychology (LIWP), which I strongly encourage you to apply for when you are eligible as it is a good way to network and connect with powerful and knowledgeable women mentors. You should be seeking mentors and mentees who are at different stages of their careers. Typically, it is suggested that you have mentors who are more senior to you in their careers, and some mentors or career buddies that are at the same stage of professional development to share information, assist in opportunities and career endeavors, and support each other. Lastly, there should be some mentees in order for you to pay it forward. In addition, mentors learn from younger generations of Asian feminist, multicultural psychologists about what they believe is important and valued and how their visions for the future as professional psychologists might be similar or different.

**Pacing and Prioritizing.** At times, it may feel like you are just needing to keep up or falling behind in your professional development. It has been helpful for me to look at my development as a marathon, in which a slow and steady pace in building and developing my career works best. You do not have to do everything simultaneously. Your focus and interests may change over time. Pace yourself and prioritize what needs to be done currently for you, whatever that may be. At these times, a mentor can be helpful in planning, advising, and giving you reasonable and realistic expectations and goals.

**Self-Study.** You can also mentor yourself. This can be done through readings, webinars and podcasts, and attending conferences, trainings, and workshops geared toward your career development. This is part of the life-long learning that is so encouraged in our field and part of our ethical principles. This can provide you with valuable information and empower you to know what can be done, as well as give you options to consider.

These are a collection of my thoughts on mentoring that have been helpful to me. While I know that this is not a comprehensive list, I do hope that the ones listed here are helpful to you. This is my small part in paying forward what I have received from my mentors.

*Eng, P. (1999). Warrior Lessons: An Asian American Woman's journey into power. New York, NY: Pocket Books.*

*Author's note: The author wishes to thank Phi Loan Le for serving as the action editor for this article. Also, she wants to thank Yuying Tsong and Diane Hayashino for their efforts and strong support in my nomination for the Division 35 Section 5 Pioneer Award. Lastly, I would like to thank and voice my deep appreciation for all the feminist pioneers and mentors as well as mentees who have enriched my life.*

## Section Announcements

### + 2013 APA Convention Events

#### Seeking an Authentic Feminist Asian American Identity (CE credits) – Sponsored by Section 5

Friday, 1:00-1:50pm, Convention Center 302B

Chair: Yuying Tsong

- Finding voices and meanings during graduate school (Lui & Cheng)
- Developing authentic relationships at work (Le)
- Creating personal and authentic meanings within and outside of professional and family life (Dinh & Tsong)

#### Advocacy and Empowerment for Diverse Women and Children (CE credits) – Sponsored by Division 35

Sunday, 8:00-9:50am, Convention Center 306A

Chair: Aida Hurtado, Discussant: Cat Thompson

- Obesity and depression among Black women
- DREAMERS waking us from our slumber: The interaction of immigration, education, and Latina feminist theory
- The fight for marital and family equality for all sexual orientations
- Feminist practice for Asian American women
- Advocacy for American Indian/Alaska Native children and families

### See our members' presentations!

#### Sherry Wang

- Un-packaging the gap-distress hypothesis: A multiple case study of enculturation gaps in the Midwest

#### Yuki Okubo

- Learning experiences of students of color: A life story approach

#### Vanessa Li

- Thinking outside the box: Adapting Participatory Action Research & Leadership Diversity Summit

#### Priscilla Lui

- Intersection of acculturation and family relationships among Chinese Americans: Mixed methods study
- Common and differential risks to adjustment among diverse Asian international students

#### Zhen Cheng

- Understanding mental illness stigma dynamics to improve mental health disparities among Asian Americans (AAPA)

#### Jennifer Chain

- Developing the next generation of leaders: Society of Counseling Psychology's Leadership Academy

### + Celebrations

- **Yuki** wrote a book chapter on her personal account of being a female faculty of color in the recently published book *Making Our Voices Heard: Women of Color in Academia*.
- **Yuying** started her first tenure-track position at CSU Fullerton last fall working with undergraduate students (where many of her students are first-generation, Latino/a, and API college students).
- **Diane** is expecting a baby boy in June!
- **Khanh** was promoted to Full Professor in 2012.
- **Zhen** recently received a three-year John Templeton grant as the Co-PI.
- **Bonny** defended her dissertation in May and will be doing her internship at UC Irvine starting in August.
- **Jennifer** was accepted into the Division 17 Leadership Academy.
- **Vanessa** taught her first undergraduate psychology course this semester.
- **Catherine** passed the EPPP, is finishing up her postdoc, and will be starting a new job as a staff psychologist at CSU San Bernardino in July.
- **Sherry** is graduating with her PhD in Counseling Psych at University of Nebraska-Lincoln this August and will start as a tenure-track assistant professor in the Counseling Psych program at University of Southern Mississippi.
- **Phi Loan** has maintained her sanity while raising a teenage daughter. ☺
- **Ivy** received tenure a year ago!

+ Join our  
Facebook  
group!



Search for:

Psychology of Asian  
Pacific American  
Women – Division 35  
Section 5

<https://www.facebook.com/groups/233718493333300/>

+ Suggestions?  
Comments?

Contact the Section 5  
newsletter editor at  
[bonny.w.chang@gmail.com](mailto:bonny.w.chang@gmail.com).