

Psychology of Asian Pacific
American Women
APA Div35Sec5
International Task Force

Overcoming Challenges as a Foreigner in the U.S.



→ Monday
04 December 2023

→ 3P HT | 5P PT | 8p ET
9a Taipei | 10a Seoul

→ Join our virtual event
designed to support
international professionals
and students living in the U.S.

Register using QR code below



Dr. Sukanya Ray



Dr. Yue Li



Dr. Jungeun Kim



Dr. Deeya Mitra

SCAN ME



Free CE 1.5
hours (must
attend entire
event and
complete an
evaluation).

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Description

This panel discussion aims to educate and increase awareness about structural barriers that impact experiences of international students and professionals living in the U.S. Elements of the historical and socio-political climate will be addressed. These factors have hindered professional development of Asian Pacific international women psychologists in the U.S. A discussion will be facilitated around the experience of being an Asian person living in the U.S. during and post pandemic. Strategies to overcome obstacles for international students and professionals in the U.S. will be shared as well as how allies can continue to support international students and professionals.

This is an introductory level course and is suitable for psychologists new to the field. (1.5 Live CEs)

Objectives

- 1) List two structural factors hindering professional development of Asian Pacific, international, women psychologists in the U.S.
- 2) Describe the intersectional personal experiences of Asian Pacific, international women living in the U.S. during Covid-19 pandemic.
- 3) Explain allyship, advocacy and demonstrate strategies to support international students and professionals.

About the Panelists:

Dr. Yue Li is an Assistant Professor in Psychology at Roosevelt University. Her research interests evolve around the experience of oppression (e.g., sexism, racism, migration), feminist and liberation psychology, vocational issues, and the process and outcome of psychotherapy. Through feminist and liberatory lenses, she analyzes the impact of systemic oppression, sociopolitical environments, and colonial history on marginalized peoples' lived experience. She also provides individual, couple's, family psychotherapy and consultation services at Center Focused Therapy.

Dr. Jungeun Kim received her Doctorate degree in Counseling Psychology from State University of New York at Albany. Dr. Kim has extensive experience working with undergraduate and graduate students at university counseling centers. She has conducted research on acculturation, perfectionism, social justice, and professional identity, and has continued to present at regional and national conferences. She has also designed and facilitated psychoeducational programs/groups (e.g., Anxiety Toolbox, Perfectionism Workshop) that help clients build behavioral and psychological strategies. Currently, Dr. Kim runs Dr. Kim Psychology, a private practice in Korea, and offers teletherapy to Korean-English bilingual individual adults.

Dr. Deeya Mitra is an Assistant Professor in the Department of Psychology at Salisbury University, Maryland, United States. She is a cultural-developmental with a background in counseling psychology. Her research is grounded in the theory of emerging adulthood within the lifespan perspective. Specifically, she focuses on life choices and developmental regulation during emerging adulthood (ages 18 – 29 years) and the long-term repercussions on well-being in understudied populations. She is currently working on populations within South Asia. Overall, she hopes to disseminate the implications of development during this period for mental health in South Asian populations that are currently underrepresented in research.

Dr. Sukanya Rayis currently working as a tenured Associate Professor in Psychology at Suffolk University, Boston Massachusetts. She is a native of Odisha, India, and has been trained and worked in India, Australia and the US. She has been a community consultant, researcher, and educator in multicultural issues, health disparities, and well-being areas. Her research interests include Loss, Trauma/Post-Traumatic Growth, Positive Psychology/Well-being, Asian mental health risks/barriers to care, Utilization of alternative healthcare/healing practices, and international students' adjustment/well-being areas. She is Co-Chair of the Committee on Ethnic Minority Affairs and a Board Member of the Massachusetts Psychological Association. She has been involved as an Executive Committee member of Asian American Psychological Association and also a steering committee/advisory board member of the New England Psychological Association.

Email: mjyangpsyd@gmail.com or dr.jennifyoung@gmail.com for questions about this event



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