

The Official Newsletter of Section 5 Psychology of Asian Pacific American Women of APA Division 35: Society for the Psychology of Women



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The Presidential Address

Catherine, Hsieh, Ph.D.

"Here's to Strong Women

May We Know Them

May We Be Them.

May We Raise Them." – Unknown

Over the past 9 years, Section 5 evolved into a unique community of Asian Pacific American feminist psychologists, educators, scholars, administrators, and activists. For myself and many others, Section 5 is a place to go for motivation, inspiration, and connection to continue the work that we do and to celebrate lives that we live as Asian Pacific American feminists. My term as the president of the Section started a few weeks before the change of the administration in U.S. government. As I reflect back on this year within the professional, personal, and the larger sociopolitical global context, I am grateful for the values and



the support we share as Section 5 members. It truly is my honor to serve you as the president. Thank you for what you bring to our community.

During my term as the president, I would like to focus on the voices and values of feminist leadership. My goal is to highlight the unique qualities, perspectives, and skills that Asian Pacific American feminist psychologists bring to the teams, programs, organizations, and communities that we serve and lead. More importantly, for many of us who were raised to not view ourselves as leaders because of the cultural and gender restraints, I would like to invite you to rewrite that narrative and to begin to recognize the leadership qualities in all of us.

The Section 5 extended executive leadership team has been hard at work to continue the vibrant activities we offer to members. In the past few months, Section 5 organized several events to bring people together including a conversation hour at the National Multicultural Summit and Conference (NMSC) on the topic of language use and feminism co-chaired by Kayako Yokoyama and Stephanie Phan. During the NMSC, we also welcomed new members and re-connected with old friends at the Section 5 dinner on a cold evening in Portland, OR. In the spring, Section 5 hosted three regional mentoring events in New England, Northern California, and Southern California to re-energize people's connections with each other and the Section. We also had discussions, encouragements, and sharing on our listserv and social media pages.

For the upcoming APA convention, Section 5 will continue our annual programming including a conversation hour titled "Hey Guys!" and Ladies, Gals, Women, Womyn, and Sisters: Language Use among Feminists. This program idea was generated by a listserv discussion and it is a continuation from the one we hosted at NMCS earlier this year. In the hospitality suite, we will gather for the program titled "AAPI Women Resist Invisibility II: Feminist Empowerment in Challenging Times" as well as for Section 5's business meeting and awards ceremony. Per our tradition, then we will head out to the annual mentor reception dinner at a restaurant nearby.

Please visit our website
<http://division35section5.weebly.com/home.html>
for more information about date/time and location.
If you are unable to attend APA convention this year,

you can still connect with us! Please look for our upcoming Feminist Conversation Circle facilitated by Malin Kimoto and Shruti Mukkamala. This upcoming discussion will focus on the impact of the change in administration on you personally and professionally and how we can engage in self-care during this time of change. And looking forward to 2018, under the leadership of our president-elect, Ivy Ho, Section 5 will be hosting the inaugural Asian Pacific American Feminist Psychology Conference in Lowell, MA in June.

Thank you for the on-going support for Section 5. I look forward to engage in dialogues and reflections with you on ways that Asian Pacific American feminist leaders contribute to the field of psychology, our communities, and in our lives. Here's to the strong, talented, creative, compassionate, and badass women of Section 5.

CALL FOR SUBMISSIONS

We are eager to hear from you! Please consider becoming a regular or one-time contributor to the Section 5 newsletter. We seek a variety of submissions including but not limited to the following:

- Reflection on activism, social justice work, or community engagement
- Announcement/description of published papers
- Summary of your own research
- Creative work (e.g., poetry, short stories, etc.)
- Review of a book you have read
- Interview of an AAPI feminist psychologist
- Clinical case study highlighting feminist work

Please note that editors may provide feedback on submission to adhere to the mission of Section 5 and reserve editorial rights to accept submissions as is, suggest major revisions, or reject.

Please send submissions to Malin Kimoto at mkkimoto@gmail.com or Tiffany Chang at tkchang@umail.iu.edu

Introducing the 2017 Section 5

Executive Committee



Catherine Hsieh, Ph.D. | President

As a counseling psychologist, Catherine works for the Peace Corps as the regional mental health officer for the Europe, Mediterranean, and Asia region. She is also a licensed psychologist in the state of California. Her interests include the cultural context of coping, healing from interpersonal trauma, cross-cultural psychology, Asian American and immigrant issues, college mental health, and social justice.



Ivy Ho, Ph.D. | President-Elect, Elections Committee, Research Collaborations Coordinator, Student Task Force

Associate Professor Psychology at the University of Massachusetts Lowell, Ivy is a clinical health psychologist who conducts research on stress and health among women of color, particularly Asian American women. Her work is centered around how the intersection of race, gender and socioeconomic status are associated with healthcare utilization, health behaviors and health outcomes. She is the director of the UMass Lowell Center for Asian American Studies, and a 2014-2015 research fellow at the UMass Boston Institute for Asian American Studies.



Khanh Dinh, Ph.D. | Past President, Elections Committee

Khanh is a Professor of Psychology at University of Massachusetts Lowell. Her primary academic interests are in clinical, community, and feminist psychology, with research focusing on the adjustment and well-being of immigrant individuals/families, diversity, and effects of prejudice and discrimination. She is a recipient of an NIH Health Disparities Service Award and NIMH National Research Award. She has served as a consultant for NIMH and HRSA, and as a member of the Asian American Journal of Psychology Editorial Board.



Linh Luu, Ph.D. | Secretary

Linh is currently a health psychology staff at the University of Memphis, Student Health and Counseling Services, and the webinar coordinator for the Society of Counseling Psychology. Her scholarly interests include social justice advocacy, multicultural competency, counselor supervision and training, racial and gender issues, and Asian American experiences and concerns. Linh enjoys exploring new places and meeting people when she is not writing or providing therapy.



Sherry C. Wang, Ph.D. | Treasurer

Sherry is an assistant professor of Counseling Psychology at Santa Clara University. Her scholarship is rooted in advocating for the voices of underrepresented groups (e.g., ethnic minorities, immigrants, refugees) to address health disparities and intersectionalities.

Meet the Extended Executive Committee



Tiffany Chang, Ph.D. | Newsletter Editor

Tiffany graduated from her counseling psychology doctoral program at Indiana University Bloomington and completed her predoctoral internship at UC Irvine's Counseling Center. She will be starting a postdoctoral fellowship at UCLA's Counseling Center this fall. During her free time, Tiffany enjoys hiking, watching crime shows, and eating food.



Malin Kimoto, Psy.D. | Newsletter Editor

Malin is a clinical psychologist on the Adult Team at Kaiser Richmond. She has a passion for social justice, community engagement, and multicultural psychology. Her clinical interests include anxiety disorders, interpersonal and intergenerational trauma, identity development, life transition and adjustment issues and intersectional identity concerns. She enjoys yoga, traveling, trying new foods and hiking with her dog.



Jessica Liu, M.S. | Student Representative

Jessica will be starting her third year in the Counseling Psychology doctoral program at Lehigh University. Her interests include figuring out ways to bridge communication gaps amongst diverse populations in both her scholarly work and personal life. She decided that if her career as a psychologist doesn't work out, she would pursue a career as a full-time crafter, event coordinator or sunset photographer.



Fanny Ng, M.A. | Student Representative

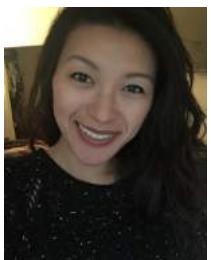
Fanny is a doctoral candidate in clinical psychology at the University of Massachusetts Boston. She is currently a pre-doctoral intern at the Integrated Health Psychology Training Program at the Contra Costa County Regional Medical Center & is working on her dissertation examining the experiences & strategies that Asian American women leaders utilize to resist intersectional discrimination related to racism & sexism in leadership. Fanny is interested in pursuing opportunities to engage in public policy, advocacy, & issues of diversity in her future career. She enjoys arts & crafts, reading, & watching dramas.



Kayoko Yokoyama, Ph.D. | Membership Co-Chair

Kayoko is currently Professor of Clinical Psychology at JFK University (Pleasant Hill, CA) and has a private practice in Albany, CA. Her professional interests include multicultural training around issues of power, privilege, and oppression, Asian American identity, feminist therapy, and microaggressions.

Meet the Extended Executive Committee



Stephanie Phan, M.S. | Membership Co-Chair

Stephanie is a doctoral student in the Clinical Psychology Psy.D. program at JFK University.



Diane Hayashino, Ph.D. | Awards Co-Chair & Procedure and Policy Committee/Herstorian

Diane is a licensed psychologist and the current training director of Counseling and Psychological Services at California State University, Long Beach. She has served as past president of Section 5.



Leilani Crane, Psy.D. | Awards Co-Chair

Leilani is a psychologist in private practice in Philadelphia and Swarthmore, PA. "Born a crime" to a Filipina mother and white father in pre-Loving Delaware, she is thrilled to find community in her Section V sisters. She sees many multiracial, multicultural, and international Asian women in her practice and researches multiracial identity. Leilani loves reading—especially fiction—spending time with her grown children, practicing ashtanga yoga, lazing on the beach and enjoying warm sunny weather.



Chu Kim-Prieto, Ph.D. | Program Co-Chair

Chu Kim-Prieto is a Professor of Psychology at The College of New Jersey. She earned her PhD from the University of Illinois. Her research interests include psychology of prejudice and racism, emotion, and subjective well-being.



Grace S. Kim, Ph.D. | Program Co-Chair & Early/Mid-Career Professional Task Force Co-Chair

Grace is an associate professor of psychology at Wheelock College. Her research and teaching focus on diverse Asian American experiences (e.g., transracial adoptees, immigrants, transnational families) and social justice education.

Meet the Extended Executive Committee



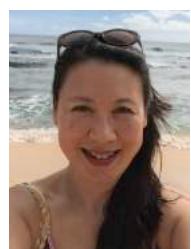
Shihwe Wang, Ph.D. | Coordinator Chair

Shihwe is a licensed psychologist in private practice (Arlington, MA) and in research (Bedford VA Medical Center). Her interests are in access, stigma, and cultural competence in mental health service delivery, mindfulness and behavioral-based interventions, and strength-based, trauma-informed, evidence-supported care. She is also a member of the APA Division 35 Taskforce on Women Who Experience Mental Illness.



Phi Loan Le, Psy.D. | Procedure and Policy Committee/Herstorian & Student Task Force Co-Chair

Phi Loan is a training director for the newly APA-accredited, on contingency doctoral internship program at Santa Ana College. Her interests include training and supervision, multicultural feminist psychology, and working with underserved population.



Susana M. Lowe, Ph.D. | Early/Mid-Career Professional Task Force Co-Chair

As a psychologist, Susana's passion is to help people & discover & articulate meaning in their lives, to assist in fostering understanding of the self-in-context, & to facilitate developing skills to accomplish personal, social, academic, career, community & political goals. She has a great love for food, music, family, friends & her dogs. She tends to care deeply about her students, clients, & colleagues. She is especially appreciative of people who mean well & do their best to act accordingly, as well as people, who at times, can laugh heartily about life. Her most recent life project is being a card-carrying member of the Resistance toward fascist & treasonous factions in the government.



Jan Estrellado, Ph.D. | Gender & Sexual Diversity Task Force Co-Chair

Jan E. Estrellado, PhD is a genderqueer and queer Pin@y whose research focuses on the therapy experiences of people of color who are also trauma survivors. She is the Associate Director of Clinical Training for the psychology program at Sharp Mesa Vista Hospital in San Diego, California. Her clinical practice includes working with issues related to sexual orientation, gender identity, race and ethnicity, as well as with anxiety disorders, depression, and trauma recovery.



Helen Kim, M.A | Gender & Sexual Diversity Task Force Co-Chair

Helen is a fourth year counseling psychology doctoral student at New Mexico State University. Her research interests are in understanding how intergenerational traumas, interpersonal violence, resilience, transgression, and practical healing knowledges are embodied in diverse Asian Pacific American women and families. Helen hopes to carry out trauma-informed and anti-oppressive research, counseling, and teaching using decolonial feminist epistemologies. Her favorite counseling theories are relational cultural theory, emotion focused therapy, acceptance and commitment therapy, and Bowen's family systems theory. Dogs, animals, burritos, nature, books, and old school hip hop are some of the things that make her happy!

Transitions and Journeys

A word from
2016 Graduate Student Pioneer Recipient
Fanny Ng, M.A.

I drove across the country for the first time last year when I relocated from Boston to the San Francisco Bay Area for internship at the Wright Institute's Integrated Health Psychology Training Program. I was really amazed at how large the country is from coast to coast and how very different parts of the country are in its culture, people, and landscape. I thought about how my experiences as an Asian American woman would have been so different in other parts of the country and I thought about how I might have never wondered about this had I never embarked on the journey to become a psychologist that brought me across the country. I was also reminded about how privileged I am to have had a strong social justice training at the clinical psychology doctoral program at UMass Boston that emphasized cultural diversity and inclusion that allowed me to explore my identities, values, and what I hoped to accomplish as a clinical psychologist.

These days in the new sociopolitical climate that have been challenging for so many of us in so many different ways, I feel even more strongly about who we are and that what we do really matters. However, the realities of the challenges for racial minorities, women, and especially women of color seem particularly daunting lately. In recent months, I've been more thoughtful about the ways that I am both seen and unseen as an Asian American woman in my role as a psychologist-in-training. I think about the multiple and overlapping impact of the racialized, gendered, and cultural assumptions about Asian American women and how these play out in our day-to-day experiences. When I think about these challenges, I can't help but think about the strength, persistence, and resilience of Asian American women in responding to and navigating these challenges every day. In particular, I think of the strong Asian American women in my life like my mother, my mentor throughout graduate school, Karen Suyemoto, my Div35 Sec 5 mentor, Susana Ming Lowe, past supervisors, and a few good friends and colleagues who have and continue to inspire me with their perseverance and determination. I know I am fortunate to be connected to these amazing women and to my family, friends, and communities that have supported and sustained me in continuing to push forward in my personal and professional journey. I am deeply honored to have been awarded the student pioneer award in 2016 and am grateful to be a part of APA Division 35 Section 5 as a student representative for 2017-2018.

I am looking forward to the next step in my journey in psychology as a postdoc fellow in the Primary Care and Behavioral Medicine track emphasis at the NorCal VA. In the meantime, I am choosing today to appreciate the lessons embedded in the twists and turns, and hardships in life as these have given me the strength, perspective, and wisdom that I hope to share with others as we all move forward together in our journeys to a brighter future.

2017 Section 5 Pioneer Awards

Jessica Liu, M.S.

2017 Pioneer Graduate Student

When I first wrote my statement for the Student Pioneer Award nomination about my contribution to API feminist psychology, I found myself struggling throughout the process. My mind naturally wandered to the tangible things that I have done in various positions as a graduate student and beyond. My mind also naturally wandered to the self-deprecating comparisons with other people who have done more than me. However, I was also reminded by the many voices of those in Division 35 Section 5 and the reminder that often times it's more than just what we have "tangibly" done that defines us and our accomplishments.

As I reflect back on the time that I have spent with my Division 35 Section 5 family, the consistent themes throughout my experience has been a sense of belonging, support, and empowerment. I have been fortunate to interact with many of the members within Section 5 and from these exchanges, I been able to walk away from each interaction understanding myself just a bit more. I have uncovered the complexities of my multifaceted identities, and how it has shaped me and my understanding of different life experiences. Through these interactions, I have witnessed, learned, and been inspired by what it means to be an AAPI feminist psychologist signifies for others. As a result, it has been an opportunity for me to reflect on what it means for me to be an AAPI feminist psychologist.

One of the most powerful lessons I learned was how important it is to embrace my lifelong journey towards becoming an AAPI feminist (keyword: journey, not destination). When I first became the Student Representative for Section 5, I recall wondering at what point I would actually be considered a true "AAPI feminist psychologist," as though there were a culmination point. However, this naiveté was slowly broken down and since then has manifested itself as curiosity. This energy has served as a foundation for my current identity development, motivating me to voraciously explore my values and goals as an AAPI feminist in each facet of life.

In closing, although there are ways in which I have contributed to AAPI feminist psychology through service or research, I feel that my biggest contributions thus far is my fervent dedication and commitment to engaging in self-reflection and living with intentionality. Outcomes and products can be matched, but our intentions, which are rooted in our individual experiences, *will never be matched*. With these core values in mind, I strive to always move forward in all my endeavors with thoughtfulness that is grounded in feminist ideals and intentions. I hope that others, in moments of doubt, frustration or uncertainty, will also remember the one thing that no one can ever take away and to feel equally empowered to live boldly each day with their own intentionality.



2017 Section 5 Pioneer Awards

Khanh Dinh, Ph.D.

2017 Distinguished Pioneer Mentor

Khanh's feminist mission is to help cultivate and support the next generation of AAPI feminists to advance their work in the psychology of AAPI women.



Yuying Tsong, Ph.D.

2017 Distinguished Pioneer 2017 Leadership Institute for Women in Psychology Award



Yuying Tsong is an Associate Professor in the Human Services Department at California State University, Fullerton. Her research and clinical areas of interests include applications of intersectional feminism in counseling and supervision, disordered eating/body image concerns, and Asian American mental health. She is a Past-President of Section 5 and enjoys growing edible plants/fruits in her backyard when she is not writing, teaching, or tiger/elephant-parenting her 7- and 10-year-olds.

Identity Development of Chinese Feminists: Interviews of Six Chinese Feminists without Western Education

Yue Li – Department of Counseling and Education Psychology, Indiana University

China is a nation full of puzzlement and contradictions with regard to gender equality. On the one hand, traditional Chinese culture is deeply rooted in Confucianism, which was constructed around a rigid, hierarchical, and male-dominated society (Leung, 2003). On the other hand, the New China founded in 1949 was blueprinted by a socialist (Marxist-Leninist-Maoist) view in which gender equality was a critical pillar of the society (Leung, 2003). When the new culture collides with the old, how do individuals in the society construct meaning around gender? The purpose of this qualitative study was to understand how Chinese individuals who identified as feminists and who had not received western education developed their feminist identities.

METHOD

Participants were six college educated individuals who received bachelor's degrees in Mainland China. Five participants received graduate education in China (one in Hong Kong). Four Participants identified as women, 1 identified as man, and 1 gender fluid. Three participants identified as heterosexual, 1 identified as gay, 1 bisexual, and 1 pansexual. They all identified as citizens of People's Republic of China. Participants ranged in age from 25 to 44.

Participants were invited for a semi-structured online interview, which consisted of seven questions. Data was analyzed adopting a phenomenological approach (Wertz, 2005).



RESULTS

What Is Feminism?

Participants in this study generally defined feminism as a belief in gender equality, such as equal access to employment and education. Many participants addressed the misconception of feminism in China's society (e.g., "many people are scared of feminism and think it is about women conquering men."). They also mentioned that the language, *nü quan zhu yi* (direct translation: women's power-ism), contributed to a demonized perception of feminist agenda. A new term, *nü xing zhu yi* (direct

translation: women-ism), has sometimes substituted the old term in the media because it is less "radical," more "gentle," and more accepted by the public.

Facilitating Factors to Feminist Identity Development: Personal Experience

Four factors that foster feminist identity development emerged from the data. First, open-minded parenting style, financially stable households, and childhood adversities (e.g., witnessing domestic violence) motivated participants to ponder about gender equality.

Second, several female participants mentioned that their feminist beliefs burgeoned when they were dating men who held traditional and rigid beliefs about women's role. Third, two participants stated that they were initially exposed to LGBTQ issues, which led them to become aware of gender equality. Fourth, almost all participants mentioned that they followed pronounced scholars and writers on social media, who introduced them to knowledge and theories of feminism.

Missing Opportunities in Feminist Identity Development: Formal Education

Four participants stated that gender equality were missing in their education experience. Only two participants had some exposure to feminism in college. One of the participants who majored in social work in a top university in Southeast China said, "Feminism topics were very rarely talked about. Even in social work classes, the focus was more on theories and interventions of social work and less on underprivileged populations." The other participants who majored in Chinese literature stated that his History of Western Literature class introduced feminism as an approach of literary criticism, but not in the context of understanding contemporary social issues.

One participant who was 44 years old and a sociology professor at a university commented on how gender education was a glaring missing piece in her college experience. "I studied sociology for 10 years before I got my Ph.D. and I had never learned about feminism. I even majored in sociology of family, but feminist perspectives did not come across at all! A few years after I received my Ph.D. and became a faculty member, I started self-studying gender and feminism." Further, she shared, "In 1995, there was a special issue in Sociological Studies, a top journal in China, which held a debate: 'Why should women retreat from workforce and go home.' Male scholars argued that women should go home because men should take the jobs and promote efficiency. Female scholars questioned why women should give up jobs for men to take. Many Chinese male sociologists are only interested in 'ground breaking' topics such as class mobility. Their opinion of feminism is: it's petty and worthless. Many male scholars came from very poor and rural backgrounds. Historically, the agriculture landscape in China has perpetuated social class conflicts between the farming and urban populations. Male

sociologists think that social class is the hottest issue in China, which also relates more to their personal experience."

Perceived Barriers of Growing Gender Awareness

A few participants commented that gender equality does not relate to average Chinese citizens. For example, the participant who studied Chinese literature stated that, "Chinese care more about the pragmatic aspects of everyday life such as oil, salt, soy sauce, and vinegar." Traditional gender roles are difficult to challenge because male dominance is deeply rooted in Chinese and Confucius culture.

Two participants pointed out the irony and juxtaposition between the lack of basic awareness of sexism among ordinary citizens and China's top-to-bottom women's equal rights movement, which is propagandized by the Chinese Communist Party upon founding the New China. One participant stated, "When the New China was founded, the Party was all about 'emancipating women' and 'men and women are equal.' The movement was from top to bottom: all of a sudden, we were all 'emancipated' and all the problems seemed disappeared. What went wrong was that women's freedom was given. Women did not fight for freedom and did not feel like we needed to fight for it." Both participants criticized All-China Women Federation (ACWF), a designated governmental bureau that oversees "women's issues" and advocates for "protection for women." One participant shared, "ACWF works for the government. They share the perspective of the government, but not women." Furthermore, political censorship and policy also emerged from the data as barriers to cultivate gender awareness.

DISCUSSION

Bronfenbrenner's (1981) ecological system theory could offer a fine-grained perspective in analyzing

how one's microsystem (i.e. one's intimate environments), mesosystem (i.e. one's social networks), exosystem (i.e. one's local social settings), and macrosystem (i.e. one's large cultural environments) impact Chinese individuals' journey of forming feminist identities. Findings in this study revealed that Chinese feminists constructed their feminist identities primarily through personal experiences such as early family life, self-motivated interests in LGBTQ issues, romantic relationships, and role models on social media. These experiences occurred in participants' microsystem (Bronfenbrenner, 1981), which may have shaped the individuals' understanding of gender equity in very intimate but non-generalizable ways. In participants' mesosystem, formal education on gender awareness, sexism, and feminism is severely lacking. This is alarming because the combination of rich personal experience and little formal education might have isolated the participants as their personal experiences were not legitimized or normalized.

In participants' exosystem (i.e., current political climate and policies) and macrosystem (i.e., traditional Confucius culture), there seems to be an identity clash between traditional Confucius ideology and socialist philosophy. Those two perspectives directly contrast with each other on inequality at the individual level. To this end, a coherent and culturally sensitive vision of gender equality in China's society is called for at the state level.

Note. All six participants have given consent for the author to publish results of the study in APA Division 35 Section 5 Newsletter.

Correspondence concerning this article should be addressed to Yue Li, Department of Counseling and Education Psychology, Indiana University, Bloomington, IN 47405. Contact: li515@iu.edu

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- Bronfenbrenner, U. (1981). *The Ecology of Human Development: Experiments by Nature and Design* (unknown edition). Cambridge, Mass: Harvard University Press.
- Leung, A. S. (2003). Feminism in transition: Chinese culture, ideology and the development of the women's movement in China. *Asia Pacific Journal of Management*, 20(3), 359–374.
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Mentorship Reflection

Rubi Gonzales

Doctoral Student

I was not sure what to expect from the mentorship program when I first signed up. All I knew was that I needed a mentor, at a time where I was stumbling my way through graduate school. I struggled with professional relationships in academia while ensuring I remained true to who I was as an individual. In addition, I strived for a work-life balance and happiness.

The idea that people strive to have a work-life balance is often considered a joke among graduate students and cartoonists, who illustrate several memes about this so-called impossibility. However, why should our happiness be something we cannot achieve in graduate school and in academia?

Once I began my mentorship with Ivy, this was one of the themes that came up during our conversations, the importance of work-life balance and understanding it is okay and necessary for this balance. One of the things we both had in common was that we were protective of our dance fitness classes and/or group fitness classes. Just like people schedule their meetings and classes in their calendar, the same thing should be done for ourselves. I personally use group fitness classes and Zumba classes as a stress reliever and as a recreational treat at the end of the day!

My relationship with Ivy overall was casual where we both respected one another. We first started our mentorship relationship via email and then soon set our monthly phone calls. She was always available which was great. During one of our conversations we found out that we were both accepted to the Society of Behavioral Medicine Conference! This past March we were finally able

to meet! She was presenting at a symposium and it was awesome to hear her talk and meet her in person after we had been communicating via phone and email.

As an individual that identifies as a minority woman, seeing Ivy present with other individuals that were diverse at the symposium was empowering for me. Unfortunately, I have not come across too many diverse individuals established in academia and I had not realized this until I went to the symposium. I am grateful that I had the opportunity to see this. I appreciate that I can identify with her on this. Unfortunately, since my undergraduate career I have not had the opportunity to have a mentor that I could identify with on those levels. Personally, this has made a big difference for me. I think having some similarities in conjunction with how honest Ivy was made this a great experience.

I think this mentorship program allowed for a greater level of honesty compared to other mentor relationships I have had in the past. We were able to talk about how to navigate graduate school and Ivy shed light on being tenured and the process it was for her. I appreciated her sharing her personal experiences with me. The mentorship experience also served as a sounding board. Our conversations made me feel more comfortable and confident in myself to continue navigating academia. I am grateful for Ivy's time commitment and honesty. I learned so much from her and this experience.

Section 5 at APA Convention 2017

Washington, DC

Thursday, Aug 3

9:00 – 9:50 AM

Section 5 Conversation Hour: "Hey Guys!" and Ladies, Gals, Women, Womyn, and Sisters: Language Use among Feminists
Chair: Kayoko Yokohama
APA Convention Center, East Salon D

Thursday, Aug 3

3:00 – 3:50 PM

Section 5 Business Meeting & Award Ceremony: 2017 Pioneer Awards Recipients: Dr. Yuying Tsong, Dr. Khanh Dinh, Jessica Liu
Division 35 Hospitality Suite, Washington Marriot Marquis Hotel

Thursday, Aug 3

4:00 – 4:50 PM

Division 35 Hospitality Program, Section 5 Discussion: AAPI Women Resist Invisibility II: Feminist Empowerment in Challenging Times
Program Co-chairs: Grace Kim & Chu Kim-Prieto
Division 35 Hospitality Suite, Washington Marriot Marquis Hotel

Thursday, Aug 3

5:30 – 7:30 PM

Section 5 Mentoring Dinner & Section 5 Social
Student Task Force: Phi Loan Le, Ivy Ho, Jessica Liu, Fanny Ng
PR Chair: Shihwe Wang
Reren (817 7th St NW Washington, DC 20001)

Friday, Aug 4

2:00 PM

Section 5 Museum Outing: Yoko Ono: Four Works for Washington and the World
Co-leaders: Diane Hayashino & Kayoko Yokohama
Hirschhorn Museum

Section 5 at APA Convention 2017

Washington, DC

Saturday, Aug 5

9:00 – 9:50 AM

Division 35 All Section Collaboration Conversation Hour: Living at the Intersection of Marginalization: A Revisitation of the Struggles and Resilience of Diverse Feminists

Co-leaders: Shun Huddleston (Section 1), Bianca Guzman (Section 3) and Jessica Liu & Fanny Ng (Section 5)

APA Convention Center, Room 209A

Saturday, Aug 5

4:00 – 4:50 PM

Division 35 Awards Ceremony

Co-chairs: Leilani Crane and Diane Hayashino

Washington Marriot Marquis Hotel, DC Hotel Marquis Salons 1 & 2

Saturday, Aug 5

9:00 PM – 12:00 AM

Division 35/45 Dance: Masquerade: Unmasking Yourself

Planning Committee: Haidi Song

Washington Marriot Marquis Hotel

We look forward to seeing you!

Book Announcement

Section 5 member, Kathleen carterMartinez, Ed.D., recently published: *Permission Granted: The Journey from Trauma to Healing from Rape, Sexual Assault, and Emotional Abuse*. This book focuses on the mindful journey of healing after experiencing physical and emotional trauma that are the result of rape, sexual assault and emotional abuse.



Connect With Us

Become a member

[http://www.apadivisions.org/
division-35/sections/sectionfive/
membership-information.aspx](http://www.apadivisions.org/division-35/sections/sectionfive/membership-information.aspx)

Join the Facebook group

<http://tinyurl.com/SPW-S5>

Visit our website

[http://division35section5.
weebly.com](http://division35section5.weebly.com)

2017 Section 5 Southern California Spring Social



2017 Section 5
Northern California
Spring Social



2017 National Multicultural
Conference & Summit
Section 5 Social



Celebrations!

- Congrats Fanny on her engagement!
- Congrats Phi-Loan on starting her training director job at Cal-State Fullerton.
- Catherine started a new job with the Peace Corp and relocated to Bangkok.
- Angela is stepping up to be director at her site.
- Fanny accepted post-doc position.
- Shihwe has gone to a workshop on Chi Kung and will potentially teach us all at APA ☺
- Jan has been licensed and started a new job!

